

## Lancashire Cross Country Championships 2012

The Lancashire Athletic Association Committee has decided to make some changes to the 2012 Championships which, we think, will prove popular with clubs in the county and will, hopefully, also increase participation.

They are as follows:

- Pre-Entry will be reduced to £3.00 for U-11s to U-17s, and £4.00 for Seniors, Juniors and Veterans.
- Entry on the day will be £4.00 for the younger age groups and £6.00 for the remainder.
- On-Line Entry through Sportsoft. There will be a small administrative charge for this.
- In each age group, team medals will be awarded to all counters, plus the next two athletes.
- Medals will be awarded to Veteran teams (over 40s and over 35s only), with 4 men to count, and 3 ladies.
- There will be both, a Senior Men's and Senior Lady's "Plate Award". These will be awarded to the first placed team in both categories, who have finished outside the previous year's top 5 teams in the case of Men, and top 4 teams in the case of Ladies.

Entry forms will be sent to clubs and posted on the website in due course.

Steve Duxbury

Championship Secretary