

DARWEN DASHERS & F.R.A.

PRESENT

LANCASHIRE JUNIOR FELL CHAMPIONSHIPS 2010

SATURDAY 21st AUGUST
RACES START 12.45PM
INCORPORATED INTO THE
DARWEN GALA FRA JUNIOR CHAMPIONSHIP RACES

RACES & PRIZES FOR AGES U12, U14, U16, U18 & U23
(UNDER 16 AND ABOVE WILL RUN IN THE SENIOR RACE AT 2.30 pm)

APPROPRIATE RACE DISTANCE FOR EACH AGE CATEGORIES

BOLD VENTURE PARK, DARWEN (GR 689219)
£2 entry fee by pre-entry or on the day

further info - <http://www.fellrunner.org.uk/junior.htm>
<http://www.dashers.org.uk/darwen.htm>

The Lancashire Championships is open to all athletes who have a Lancashire Qualification which may be acquired as follows:-

- a) by BIRTH or
- b) by NINE MONTHS CONTINUOUS RESIDENCE IN THE COUNTY OF LANCASHIRE IMMEDIATELY PRIOR TO THE DATE OF THESE CHAMPIONSHIPS.

The County boundary is the current geographical boundary of Lancashire and includes the Isle of Man.

LANCASHIRE MEDALS FOR;
1st 3 U12, U14, U16, U18, & U23 Boys & Girls

2009 LANCASHIRE CHAMPIONS – COULD YOU PLEASE RETURN YOUR TROPHY
CLEAN ON RACE DAY