

## **ROAD RUNNING RULES**

In reading these rules the 'Promoter' can be taken as 'Promoting Body'. Where the Race Secretary is mentioned this can refer to the person in the race organisation who performs a similar function. The rules are collected together such that those affecting the Promoter and the Runner come first. The latter part deals with Club Membership and Team Races. These have been included to help Officials and Club Secretaries. A separate section deals with rules for long-distance track races.

### **RULE 201 GENERAL**

General Rules, 1–24 apply.

These are appended at the end of this document

### **RULES FOR PROMOTERS**

#### **RULE 202 GENERAL**

(1) Any Promoter wishing to hold a road race must:-

(i) Consult the local Police Force and inform the relevant Local Authorities and Emergency Services.

(ii) Obtain a Road Race Permit from UKA (See Rule 204 below).

(iii) Adopt the Rules of UKA.

(2) The following shall be deemed to be a race under UKA Rules and will require the issue of a Road Race Permit before they can be held:

(i) Events in which awards or prizes are given in accordance with the finishing order of runners and/or (ii) Events which pay appearance money or otherwise contract athletes to compete.

(3) No Promoter shall allow any road race to be broadcast, either live or recorded, without prior notification in writing to UKA. Such notification should be made in writing to UKA at least nine months prior to the date when the event is to take place. UKA may attach such conditions as it thinks fit. (See Rule 13).

#### **RULE 203 RACE CLASSIFICATION**

(1) An open race is one which is open to all eligible runners subject to the restrictions on age and distances as defined in Rule 207. (2) A closed road race is one which is open only to runners in a particular Service, trade, occupation, business house or educational establishment.

(3) Team races are inter club/organisation/body competitions determined on the performances of eligible runners within a race.

(4) An open team race is open to all clubs affiliated to UKA or to other recognised athletics Governing Bodies. All scoring team members must be eligible first claim members of that club.

**(5) A closed team race is limited to clubs affiliated to UKA within a particular category, e.g. Service, trade, occupation, business house, educational establishment. All scoring team members must be eligible members of that club.**

***NOTE: Team races may be included by Promoters within any race subject to the above classifications.***

**(6) Promoters must declare in advance which team awards are included within the race and the manner in which they will be decided.**

**(7) A veterans race shall be confined to male runners who are at least 40 years of age and to female runners who are at least 35 years of age on the day of competition.**

## **RULE 204 RACE PERMITS**

**(1) All Promoters who wish to stage any road race must apply for a Road Race Permit from the appropriate Association, preferably not less than 6 months prior to the race. (See Rule 12).**

**(2) In order to obtain a Road Race Permit a Promoter must make an application on the official Road Race Permit Application Form to the Road Race Secretary of the appropriate Association in the manner specified by that Association.**

**(3) An application for a Road Race Permit must be accompanied by a draft copy of the planned race entry form/advertisement/prospectus, a map of the proposed course and the current Registration Fee on the Road Race Permit Application Form.**

**The appropriate Association shall have the power to reduce or waive the Registration Fee.**

**(4) Any Promoter to which a Road Race Permit has been granted by UKA must:-**

**(i) Include the words 'Under UKA Rules' and the unique Permit Code, as issued to the race when the permit is granted, upon all printed matter associated with the Road Race.**

**(ii) Make the Road Race Permit available for inspection by any runner or official.**

**(iii) Impose, in addition to the basic entry fee, an additional entry fee of £2, hereinafter known as the 'Additional Unattached Entry Fee (AUEF)' on every entrant in an open road race who is not a member of an affiliated club. The AUEF is not applicable where a race is confined to runners who are under 18 years of age on the day of the race.**

**(iv) Within one month of the race being staged, submit the Road Race Promoters' Returns Form (a copy of which is issued with the Road Race Permit) with copies of the full race entry and result list, together with a completed questionnaire form for grading purposes and any monies arising from the Additional Unattached Entry Fees, to the relevant Permitting Authority.**

**(v) Failure to comply with the requirements of the Permitting Authority in the issue of a race permit may lead to the withholding of future permits to the same Promoter or such other penalty as the Authority deems fit.**

## **RULE 205 THE COURSE**

**(1) The responsibility for providing a proper course rests with the Promoter who must:-**

**(i) Take account of any advice given by the local Police Force, Local Authority, and the UKA Course Measurer before publishing details of the course.**

**(ii) Adequately signpost the course.**

**(iii) Appoint marshals to direct runners throughout, particularly at intricate parts of the course and at road junctions. The marshals must be fully briefed as to their duties and responsibilities. At major road junctions at least one marshal should be an adult.**

**(2) Races shall be run on tarmac, concrete or paved roads. When traffic or similar circumstances make it unsuitable the course, duly marked, may be on a bicycle path or on a footpath alongside the road, but should not be on soft ground such as verges or the like. A course that includes a railway level crossing will only be deemed safe and a permit issued where a written undertaking has been obtained from the Railway Track Authority that no train will use the line on the day of the race.**

**(3) The Start and Finish area may be in an enclosed ground or athletic arena. If possible the Start should not be on a main road.**

**(4) If the race is advertised as being of a particular distance, then the correctness of that distance must be verified by a UKA registered and graded Course Measurer.**

**(i) The course must be measured along the ideal line of running, i.e. the shortest possible route, in the section of the road permitted for runners. The method of measurement shall be by a bicycle fitted with a Jones Counter and calibrated to IAAF standards.**

**(ii) The measured distance must not be less than the advertised distance of the race, nor should it exceed the advertised distance by more than 0.1%.**

## **RULE 206 REFRESHMENTS**

**(1) In full Marathons and longer races, Promoters must supply drinks to cater for the entire field at a minimum of every 5km throughout the race.**

**(2) In races of 10km and above, Promoters must supply drinks at intervals of at least 5km.**

**(3) In races of less than 10km., drinks may be provided by the Promoter.**

**(4) A Promoter must provide additional drinks stations on the advice of the Race Medical Officer.**

**(5) A Promoter should provide drinks for the entire field at the Finish.**

**(6) No drinks may be carried or taken by a runner other than those provided by the Promoter.**

**(7) Sponging stations, supplying water only, should be positioned between drinks stations in all Marathon races. It is advisable that drink and sponge stations should be at least 200 metres apart.**

## **RULE 207 AGE LIMITS IN RACES**

**(1) The Promoter may make such age limits as he/she thinks fit provided that the conditions of the race do not contravene any rules regarding distances which may be run, and provided that the race is not advertised under the title of any of the recognised age categories. (See (3) below).**

**(2) The maximum distances permitted in open competition for athletes are as follows:**

**Age Group on day of race**

**Maximum distance**

**Male/Female**

**Under 13 years 4000 metres**

**Under 15 years 6000 metres**

**Under 17 years 10000 metres**

**Under 20 years Up to a marathon**

**Seniors Unlimited**

**(3) For Championships and many other races young athletes are grouped into age categories. The Competition Year extends from 1st October to 30<sup>th</sup> September in the following year.**

**(i) Under 13 Boys and Girls (School Years 7 & 8 & some Year 6) Road Running competitions for Under 13's shall be confined to competitors who are aged 11 on the day of competition, or 12 on 31st August prior to the commencement of the Competition Year as defined above.**

**(ii) Under 15 Boys and Girls (School Years 9 & 10) Road Running competitions for Under 15's shall be confined to competitors who are aged 13 or 14 on 31st August prior to the commencement of the Competition Year as defined above.**

**(iii) Under 17 Men and Women (School Years 11 & 12)**

**Road Running competitions for Under 17s shall be confined to competitors who are aged 15 or 16 on 31st August prior to the commencement of the Competition Year as defined above.**

**(iv) Junior Men and Women Road Running competitions for Junior Men and Women shall be confined to competitors who are aged 17, 18 or 19 on 31st August prior to the commencement of the Competition Year as defined above.**

**(v) Senior Men and Women**

For Road Running competitions a Senior is a competitor who is aged at least 20 on 31st August prior to the commencement of the Competition Year as defined above. In Road Relay competitions Junior Men and Women, as appropriate may compete in Senior events.

(vi) Masters Man and Women

Road Running events for Masters shall be confined to competitors who are at least 35 years of age on the date of the competition.

## **RULE 208 ENTRIES**

(1) Any Promoter applying for a Road Race Permit must set a Closing Date for the normal acceptance of entries.

Any competitor entering after this date may, if the entry is accepted, be charged an additional late entry fee if the Promoter so wishes. (See also Rule 216(6)).

(2) A Promoter must exhibit a listing, or provide a programme, showing all entries received by the published closing date. A list of all entrants, including any late entrants, must be handed to the Referee before the start of the race.

(3) Any Promoter has the right to refuse any entry without assigning a reason, but the reason must be disclosed to UKA if requested.

## **RULE 209 RACE NUMBERS**

Promoters who have contracts with commercial sponsors for the addition of lettering on number cards to be worn at races shall not permit this lettering to exceed 5cm in height, and must ensure that the same style of number is issued to, and worn by, all runners taking part in the race. (See also Rule 18(1)).

## **RULE 210 PRIZES**

(1) Any Promoter wishing to award training grants or subventions must obtain clearance in advance from UKA and adopt the specified procedures applicable to such awards.

(2) Any competitor who is subsequently found to be ineligible for a particular prize or award must return it forthwith on being requested to do so by the organiser.

(3) A Promoter may award team prizes to non affiliated organisations provided that members of such an organisation are not also members of affiliated athletics clubs.

(4) Any runner eligible to compete in the same race in open competition and within an age category (eg. under 21 or masters) who finishes in a position that qualifies for more than one individual prize, shall be allowed to select only one of these prizes, unless the Promoter has decreed otherwise on the race entry form or in other race literature sent to the runner.

## **RULES FOR RUNNERS**

### **RULE 211 GENERAL**

- (1) All runners must be eligible as currently laid down by UKA Rules.**
- (2) Any runner found to have taken drugs prohibited by the IAAF will be disqualified and reported to UKA. It should be noted that if confirmed this could lead to a two year ban from all athletic events worldwide.**
- (3) Race numbers must be worn on the front of the vest as issued, i.e. not mutilated or folded in any way. The race number must be so worn that it is visible in full at all times. Failure to comply may lead to immediate disqualification.**
- (4) A runner must retire from a race immediately if ordered to do so by a medical official of the race.**
- (5) A runner who retires from a race must not remove his/her number until he/she has reported to an official as having retired from the race.**
- (6) A runner who competes in any road race which does not have a UKA Permit may thereby render himself/herself liable to suspension. This does not apply in the case of Fun Runs.**

## **RULE 212 CLOTHING**

**In all races, runners must wear at least a vest and shorts or other garments worn so as not to be objectionable.**

## **RULE 213 TRANSPONDER TIMING**

- (1) The use of transponder timing systems is permitted provided that:**
  - (a) the system requires no action by an athlete during the competition, at the finish or at any stage in the result processing.**
  - (b) the weight of the transponder and its housing carried on the athlete's uniform, race number or shoe is not significant.**
  - (c) None of the equipment used at the start, along the course or at the finish line constitutes a significant obstacle or barrier to the progress of the athlete.**
- (2) At the finish the athletes shall still be placed in order in which any part of their bodies (i.e. the torso as distinguished from head, neck, arms, hands, feet and legs) reaches the vertical plane of the nearer edge of the finish line. The Referee shall be final arbiter regarding the finishing order of the athletes.**
- (3) In competitions where the event promoter chooses to use a transponder timing system, each competitor must wear the necessary equipment, as directed by the event promoter. Failure to wear the necessary equipment as issued may result in disqualification.**

## **RULE 214 ASSISTANCE**

- (1) No attendant shall accompany any runner in a race unless to assist a blind or partially sighted runner.**
- (2) No person is permitted to join in a race, whether to accompany the runners for the whole of the distance or any part or stage of the race, unless he/she has been properly entered for that race and is eligible to run.**

## **RULE 215 THE COURSE**

- (1) All runners must follow the course as designed and follow the normal rules of the road except where otherwise instructed by the Local Police or Local Authority.**
- (2) Where any part of a road used for a race is open to traffic at the same time as the competition is in progress, a runner must remain on the left hand half of the road (unless directed otherwise by the Police or by a race official).**
- (3) The Race Referee has the power to disqualify any runner who does not follow the correct course or the instructions of Police and Race Officials.**

## **RULE 216 ENTRIES**

- (1) Every entry for a race shall be made to the Race Secretary on the official entry form, or the Universal entry form (if acceptable to the Promoter), as approved by the appropriate Association.**
- (2) Entries shall be made in the competitor's true name as legally registered and must be completed with the correct age/date of birth and other details.**
- (3) Numbers are issued to the individual athlete completing the application form and are non-transferable except with the specific authority of the Race Secretary.**
- (4) Where any part of a road used for a race is open to traffic at the same time as the competition is in progress, a runner must remain on the left hand half of the road (unless directed otherwise by the Police or by a race official).**
- (5) Every entry for a race open only to specific age group(s) shall state the date of birth and the age of the runner in years and months on the day of the race.**
- (6) A runner whose entry is accepted after the published closing date may at the discretion of the Promoter:**
  - (i) Not be eligible for any individual prize.**
  - (ii) Not be eligible as a scoring team member in a team race.**

## **RULE 217 ADVERTISING**

- (1) A runner is not allowed to display on his/her person any advertising other than:-**
  - (i) the accepted name, logo and/or badge of his/her affiliated club in lettering which should not exceed 4cm in height.**
  - (ii) The name or logo of the registered Club sponsor. (See Rule 16)**
  - (iii) A single Trade Mark of the manufacturer of the clothing he/she is wearing, which must not exceed 20 square cm, with the lettering a maximum height of 4cm and the total logo a maximum height of 5cm. On lower body attire the logo shall not exceed 20 square cm with a maximum height of 4cm and may only appear once.**
  - (iv) The name of the official sponsors of the race on the number card (See Rule 209).**

## **RULE 218 OBJECTIONS AND APPEALS**

(1) Any runner or affiliated club objecting to the conduct of the race, or the result of that race, shall raise that objection with the Race Referee on the day of the race.

(i) If the results are not available on the day, then such an appeal may be made at any time up until 14 days after the publication of the results.

(ii) In such cases the appeal should be made to the Race Referee through the Race Promoter.

(2) If, as a result of an appeal under (1)(ii) above, a runner is disqualified or the race result otherwise altered, the Referee shall inform the Race Promoter of the result, in writing, within 14 days. The Race Promoter must then inform the individual(s) concerned of the ruling and, if required, take steps under Rule 210(2) to recover any prizes or awards made to the athlete(s).

## **TEAM RACES**

## **ROAD RELAYS**

### **RULE 226 ENTRIES**

(1) In road relays clubs shall not be allowed to enter more than three times the number of runners entitled to compete per team.

Where the number of stages exceeds eight, the number of entries will be restricted to twice the number of runners entitled to compete per team or 24, whichever is the greater.

(2) A club entering more than one team in a road relay shall be allowed to select the teams from the complete club entry for the event.

(3) Every club/team entry for a road relay shall be signed by an authorised member of the club on whose behalf the entry is being made. The club shall be held responsible for the accuracy of the information given, and for the eligibility of the runners.

(4) A runner whose name does not appear on the club's entry shall not be allowed to compete in a road relay.

### **RULE 227 RACE NUMBERS**

Every runner must wear the supplied number or numbers, which must serve to identify the team and should also identify the stage that the runner is running.

### **RULE 228 TEAM DECLARATIONS**

(1) All teams must be declared before the start of a road relay and the stage order of the runners specified in the manner laid down by the Promoter.

(2) No changes may be made to the declared stage order of runners in a road relay without prior approval of the Race Referee and the Promoter.

### **RULE 229 RUNNERS**

Where a team includes a runner who has already run a stage of the race that team shall not, subject to the entry conditions of the race, be included in the results.

## **DISABILITY RULES**

### **RULE AMENDMENTS FOR DISABILITY**

#### **ATHLETICS**

#### **PREAMBLE**

For competition involving athletes with a disability, this section of the UKA Rule Book shall be used, along with the current UKA rules. It contains the rules which govern an I.P.C. Athletics competition, written in a way which is compatible with the rules of the governing body for athletics. In this way, officials, coaches and athletes may find rules to cover any event in a single document, rather than having to refer to separate books for each group. Where a rule is mentioned which is different from the UKA rule, the amended rule is the one to be followed. Where a rule is stated which does not exist in the UKA rule book, it must be added to those rules. Where UKA rules are referred to, this shall always be deemed to include I.P.C. rules.

#### **RULE D206 Refreshments**

##### **Para 6 (Wheelchair Classes)**

Note: Competitors may carry their own refreshments.

#### **RULE D211 Rules for Runners - General**

##### **Para 3 (Class 11–13, 35–38, 42–46)**

In Road races, all athletes will start together, but the finishing order will be determined for each class.

##### **Para 8 (Class 11–13)**

The Organising Committee shall provide numbers that distinguish between athletes of each class.

#### **RULE D214 Assistance**

### **Para 3 (Classes 11–13)**

**Competitors and their guides shall receive assistance at the refreshment stations. Note: Organisers must ensure that officials are aware of the specific problems of safety presented in providing drinks to blind and partially sighted athletes, and that adequate training is given to all assistants involved.**

### **Para 4 (Classes 11–13)**

**A relay of up to four guides may be used for Class 11 and 12 athletes, but exchanges may only take place at 10 km; 20 km; & 30 km.**

**Note: It is strongly recommended that organisers ensure that the race takes place in its entirety in good daylight conditions.**

# **UK ATHLETICS**

## **RULES FOR COMPETITION**

### **NOTES**

Attention is drawn to the fact that in the Rules the words 'must', 'shall' and 'should' are frequently used. The variation in phrase is intentional. When the word 'must' or 'shall' is used the Rule is compulsory. Where 'should' is employed, while UK Athletics hopes that the Rule will be complied with, strict compliance is not essential.

The Rules for Competition cover indoor as well as outdoor competition. The attention of Promoters and Officials is drawn to Appendix A which sets out the principal requirements and modifications for indoor competitions.

### **RULE 1 ELIGIBILITY TO COMPETE**

All competitions under the Rules of UK Athletics (UKA) are confined to amateurs under the following definitions (hereinafter termed amateurs under UKA Rules):

#### **(1) Definition of Amateur**

An amateur is a person who is eligible to compete under the Rules of UKA.

#### **(2) Restriction of Competition to Amateurs**

Competition under UKA Rules is restricted to amateur athletes who are under the jurisdiction of a Member of the International Association of Athletics Federations (IAAF) and who are eligible under the rules laid down by UK Athletics.

#### **(3) Ineligibility to Compete**

The following are ineligible to take part in competition under UKA Rules:

Any persons who:

(a) have taken part in any competition in which any of the competitors in any of the events were to their knowledge ineligible to compete under UKA Rules.

*NOTE: This does not apply to any athletics meeting which is solely restricted to the Masters age group.*

(b) are ineligible to compete in competitions under the jurisdiction of any national governing body of amateur athletics affiliated to the IAAF.

(c) take part in any athletics meeting, other than a Hill or Fell race, which is not sanctioned by UKA or other appropriate Association.

(d) take part in any competition outside the United Kingdom of Great Britain and Northern Ireland which is not sanctioned, recognised or certified by the Member Association of the IAAF.

(e) have competed, or are competing in any sport for pecuniary reward, other than as permitted by IAAF Rules which have been accepted by UK Athletics.

**(f) are suspended or banned for a doping offence by UK Athletics, or by the Governing Body of any other sport.**

**(g) ask for, or receive, directly or indirectly, any monetary consideration, reward or employment for becoming or continuing as a member of a Club or any other athletic organisation.**

**(h) use the services of an Athletes' Representative other than one approved under Rule 11.**

**(i) have been suspended or banned for being in breach of Rules 16 or 17 (Advertising and Sponsorship or Clothing).**

**(j) have been declared ineligible to compete by the IAAF.**

**(k) have committed any acts or made any statements either verbally or in writing, or have been responsible for any breaches of the Rules, or other conduct which, in the opinion of a Territorial or National Association is considered to be insulting, improper or likely to bring the sport and/or UK Athletics into disrepute.**

**(4) Unless the period of ineligibility is stated in the relevant Rule or Regulation of the IAAF or UK Athletics, those ineligible under this Rule shall be deemed ineligible for a period set down in guidelines produced by the Executive Board of UK Athletics, or, in the absence of such guidelines, for such period as the Executive Board of UK Athletics (for doping matters) or the Territorial or National Association (for all non-doping matters) shall decide.**

**(5) If athletes compete whilst suspended or ineligible, the period of this ineligibility shall be deemed to recommence from the time they last competed as though no part of a period of suspension or ineligibility had been served.**

## **RULE 2 CLUBS**

**(1) A Club is a bona fide Club or Society of amateur athletes affiliated to UKA in accordance with its Articles of Association and Rule Book. Each Club must also be affiliated to the Territorial or National Association in whose geographical area of responsibility the Club's headquarters are located. No Club may form a branch.**

**(2) An affiliated Club must supply to the Association to which it is affiliated, and to the UKA itself, such information as that body requires.**

**(3) A Club must be properly constituted with a constitution which provides, inter alia, for its democratic management by means of a managing committee and the holding of an annual general meeting of all its members.**

**(4) Athletics is organised within the following disciplines:-**

**(a) Track and Field**

**(b) Race Walking**

**(c) Road Running**

**(d) Cross Country including Trail Running**

**(e) Fell and Hill Running**

## **(f) Trail Running**

**Clubs are deemed to cater for those disciplines for which they have declared to the appropriate Association the intention to compete in team competitions in that particular activity. Members of a Club may only compete in Championships or other Open Team competitions if their Club is specifically affiliated for that discipline.**

## **RULE 3 CLUB MEMBERSHIP**

**(1) First Claim Club. The first Club joined by athletes will be known as their First Claim Club and will remain so until they give notice that they wish to terminate their membership of that Club. Such termination will only be effective once all outstanding dues to the Club have been paid. An athlete who is a member of a First Claim Club is defined hereafter as a First Claim member.**

**If athletes wish to commence a new First Claim Club membership then they must comply with the requirements set out in Rules 5 & 6 below.**

**Once athletes have represented a Club in First Claim Open Team Competition they are ineligible to compete for another Club in Open Team Competition until the transfer process to that Club has been completed in accordance with these Rules (i.e. after six months or a period of partial or total exemption under those Rules)**

**(2) Second Claim Club. Notwithstanding athletes having a First Claim Club as defined in (1) above they are permitted to become a member of a Second Claim Club. Whilst this may be for social, coaching or other reasons that athlete may compete for that Club in competitions which specifically state in rules that its competition is open to Second Claim members. Such an athlete is hereafter defined as a Second Claim member.**

**(3) Higher Competition Club. Track and Field athletes may apply for registration with the appropriate Association to compete for a 'Higher Competition Club' in Senior Track and Field league competitions only. A successful application will require the payment of a fee of £10 and the approval and endorsement of the application by the appropriate Association.**

**All applications must be received by the appropriate Association by 1st March of the competition year and will be effective for that calendar year only. Such application will only be accepted from athletes who, at the time of registration, are eligible to compete for their First Claim Club in Open Team Competition.**

**(See Rule 4.3) The registration will take effect from 1st April of the year in question. The registration must be renewed with the same or another Club for each and every year that the athlete wishes to benefit from such higher level competition.**

**Three tiers of league competitions are recognised:-**

**(a) British (British Athletics League, UK Womens' League)**

**(b) National and Territorial (Northern Irish, Scottish, Welsh, Midland, Northern and Southern Leagues)**

**(c) Lower Regional and District Leagues.**

**Athletes may only join the 'Higher Competition Club' if their own First Claim Club does not, in that season, compete in that league. Athletes may, at their discretion, decide whether to compete for their Higher Competition Club or their First Claim club on any one day, but not for both. Athletes competing for their Higher Competition Club are hereafter defined as Higher Competition.**

**Club members.**

**Note: Rule 6 is not applicable to this category of member.**

**(4) Open Team Competition. Only First Claim members of a Club may represent that Club in Open Team Competition, as defined in Rule 4.3 below, unless the organisers have stipulated that such competition is open to either Second Claim members or Higher Competition Club members as defined in 3.2 and 3.3 above. (This option does not apply to Road Running and Rule 203.4 applies)**

**(5) Membership of a Club, whether under 3.1, 3.2 or 3.3 above, commences on the actual date of election by the Committee of that Club at a properly convened meeting. To be valid the application for membership must be made on a form approved by UKA and accompanied by the appropriate subscription.**

**(6) An athlete who is not a member of an affiliated Club or Association shall be regarded as 'unattached'. After one year of competition an athlete taking part in any event within disciplines listed in Rule 2.4 (a), (b), (d), (e) or (f) must be a member of a Club or Association affiliated directly or indirectly to UKA.**

**(7) A notice of resignation from a Club must be made in writing by the athlete or by a parent / guardian of the athlete concerned and shall be considered by the Club Committee within one calendar month of receipt.**

**Membership shall be deemed to have ceased on the actual date of posting of the notice of resignation, unless the athlete be financially indebted to the Club, In this case the acceptance of the resignation shall be withheld until the indebtedness has been met. Where such indebtedness relates to unpaid subscriptions then the Club must have previously given notice of such a debt prior to the date of receipt of the resignation. In other cases of indebtedness the Club must inform the athlete in writing of the specific details of the debt within two weeks of the review of the resignation by the Club Committee. In the case of indebtedness the date of resignation shall be the date on which the debt is fully discharged. Members wishing to join another Club following resignation must comply with the conditions within Rule 5.7 below.**

**(8) After 28 days from ceasing to be a member of a Club or Association athletes shall not be eligible to compete in Open Competition until they have again become members of an affiliated Club or Association.**

**(9) Athletes may submit to the appropriate Eligibility Committee that their membership of a Club shall be deemed to have ceased as from two years since the payment of the appropriate annual subscription of that Club, provided they have not represented the Club in any Open Team Competition during that period of two years.**

**(10) In the case of a Club amalgamated with, or absorbed by, another Club, membership shall be regarded as continuous. If, however, members on receiving**

notice of the amalgamation or absorption of the Club, shall within 28 days notify in writing the Secretary of the Club, or other persons issuing such notice that they do not intend to continue in membership, such membership shall be regarded as having ceased on the date of amalgamation or absorption. The position of the athlete in regard to Open Team Competition

shall be the same as if the original Club had been disbanded.

(11) Athletes whose former Club has been officially disbanded may seek approval from the appropriate Association's Eligibility Committee to represent another Club in Open Team Competition forthwith.

(12) (i) The Management Committee of an affiliated Club shall have the power to expel any member whose membership subscription is twelve months in arrears, provided that a month's notice in writing shall have been sent to the member's last known address giving information of the proposed action of the Committee.

(ii) The name and address of any person so expelled from a Club shall be sent to the Honorary Secretary of the appropriate Association who shall enter the name in a book to be called 'The Suspension Book' kept for that purpose. Every person whose name has been entered in the Suspension Book shall be suspended from competing at any meeting or event held under UKA Rules until the liability causing the expulsion, which shall not exceed one year's membership subscription, shall have been discharged.

(iii) A Club Secretary sending a name for inclusion in the Suspension Book must send the Post Office Proof of Posting of the letter sent to the Club member concerned, or the name will not be entered.

(13) Disputes between athletes and their Clubs may be referred to the appropriate Association Eligibility Committee for arbitration under its appeal procedure.

(14) Where the conduct of a Club member is deemed by UK Athletics to be sufficiently serious it may demand that the affiliated Club concerned expel that person from membership either in perpetuity or for such a period of time as UK Athletics shall decide. This process shall only be adopted when the person concerned has not exercised any right of appeal, has exhausted any appeal procedure as laid down within the relevant Rules or procedures of UK

Athletics or of the IAAF, or has waived that right, or where he or she has been found guilty of a serious criminal act. An affiliated Club which refuses to sanction the exclusion of such a person in turn renders itself liable to expulsion from membership of UK Athletics, as does any other affiliated Club which allows the person concerned to become a member or to become associated with any of the Club's activities.

(15) Composite Teams. UK Athletics, in liaison with meeting organisers, may approve an amalgamation of multiple Clubs which combine together to compete as a 'Composite Team'. Requests for approval of the establishment of a Composite Team must be received by UK Athletics no later than 30<sup>th</sup> September of the preceding year.

NOTE: Such an amalgamation of teams for competition purposes specifically does not require the Constitution of the Clubs concerned to be amalgamated.

## **RULE 4 COMPETITION CONDITIONS**

**(1) For the purpose of determining place of birth for a competition qualification this may be either at the location of actual birth or at the domicile of the mother at the time of birth, if different. In the event that the different locations are in different Counties or Districts then the athletes may make an irrevocable selection for which County or District they wish to be eligible. Once an athlete has made a decision as to their County or District of birth this may not be changed.**

#### **(2) Individual Open Competition**

**An Open Competition is one, which is open to all eligible athletes, including one restricted to a particular County, District or Territory and/or age group.**

#### **(3) Open Team Competition**

**Open Team Competitions, Relay Races and Team Races are competitions open to all eligible affiliated Clubs, including all Clubs in a particular County, District or Territory and/or age group. The organisers of such competitions or races may make such qualifying conditions as they think fit, including the right to stipulate that they shall be for First claim and Higher Competition Club members only, but not at the exclusion of either, in Senior Track and Field League Competition.**

**Notwithstanding the above, Senior Track and Field League Organisation rules may limit the number of Higher Competition athletes allowed to compete per Club in any one fixture. This number must be at least two per Club. The rules of specific Leagues may permit a larger number to compete. Higher Competition Club members competing under these Rules shall not have their points disallowed from their Club's score because of their status as Higher Competition Club members.**

**There is no restriction to the total number of Higher Competition members that a Club may have registered at any one time.**

#### **(4) Jurisdiction**

**Every promoter of an athletics meeting or competition under UKA Rules, and every person tendering an entry for such meeting or competitions shall be considered to have submitted to the jurisdiction of UKA on all questions which may arise concerning the application, construction, meaning or effect of the Rules of UKA.**

#### **(5) Competitions involving Foreign Clubs and Foreign Athletes**

**(a) No Club or member of a Club under the jurisdiction of UKA may compete outside the United Kingdom of Great Britain and Northern Ireland, and no foreign Club or a member of a foreign Club may compete or be invited to compete within the United Kingdom without the permission of UKA.**

**(b) Any application to compete outside the United Kingdom or for permission to invite any foreign Club or member of a foreign Club to compete within the United Kingdom must be made to UKA.**

**(c) Athletes desiring to compete outside the United Kingdom and any foreign athletes desiring to compete within the United Kingdom must present to the body promoting the meeting at which they desire to compete, a letter signed by the proper official of**

their Governing Body stating that they satisfy the definition of an athlete eligible under IAAF Rule 51, and are permitted to compete.

(d) No Club or member of a Club desiring to compete outside the United Kingdom is allowed either directly or indirectly to demand or receive from the organisers or the meeting payment of any sum towards the expense incurred except by special permission of UKA and then only in accordance with the regulations of the IAAF.

(e) No British athlete resident in the United Kingdom may compete under UKA Rules as a member of a foreign Club.

(f) No one shall be allowed to compete in any competitions under UKA Rules while disqualified or suspended from competing by, or under any Rule of UKA or by any National Governing Body of Athletics affiliated to the IAAF.

## **RULE 5 FIRST CLAIM STATUS**

(1) Where athletes are at school, that school shall always have first claim on their services irrespective of any other claim on them.

(2) Under 13 and Under 15 athletes are permitted to change Club once only whilst they are in each group commencing on the 1st day of the following month, without penalty. The change must still be registered with the appropriate Eligibility Committee. Any subsequent change of club for athletes in these age groups will be subject to rule 5(7) below.

(3) (i) Full time students at recognised establishments of Higher Education shall be eligible to compete in Open Team Competition for their College or University provided that their First claim Club is not competing in that competition. In the case of a league where there is more than one division, this will be deemed to be the same competition for the purpose of this Rule.

(ii) An establishment of Higher Education can only invoke the provisions in (i) above if membership of its Club is solely restricted to students and staff of that establishment.

(4) A first claim member of a Club serving in HM Forces (excluding Territorial and Auxiliary Forces) may, on application to the appropriate Eligibility Committee, be deemed and shall remain during the period of service first claim member of the Forces Club and be eligible to represent only that Club in Open Team Competition confined to first claim members.

(5) Where athletes' first claim Clubs do not include all disciplines listed in 2(4) above, they are eligible to represent an additional first claim Club in any discipline of athletics for which their first claim Club does not cater, following approval from the appropriate Eligibility Committee, commencing on the first day of the following month.

(6) Foreign Athletes. Junior and Senior Men and Women who would not be eligible to compete for Great Britain and Northern Ireland under IAAF Rules, whether permanently or temporarily resident in the country, are only permitted to represent a Club in Open Team Competition as a first claim member if they have been registered with UKA by 1st January in the year of competition. Such registration may be made at the appropriate time for subsequent registration. The applicant must give as much

information as is required and the registration is subject to an annual charge as determined from time to time by the Executive Board of UK Athletics. This Rule does not exclude foreign athletes making application to the Eligibility Committee for relaxation or exemption from the above.

Notwithstanding the above athletes may not compete under these rules until they have been resident in the UK for a minimum of two months prior to the date of competition.

League organisers may decide, in conjunction with UK Athletics, to place a limit on the number of foreign athletes so registered who can compete for an affiliated Club in any given league or other team competition.

***NOTE: Athletes possessing dual nationality of Great Britain and Northern Ireland and another country recognised by the I.A.A.F. will be regarded as eligible to seek to represent any Club under the jurisdiction of UKA, unless they represent that other country in international competition when they will henceforth be regarded as an athlete governed by this Rule and will need to seek registration for subsequent seasons. Athletes born in Northern Ireland and resident within the United Kingdom are exempt from the requirement to register even if they have represented the Republic of Ireland in international competition.***

(7) Where eligibility is not defined in the paragraph above, athletes are eligible to represent a Club in Open Team Competition when they join their first club as a first claim member. Where athletes have resigned their membership of their previous Club, without claiming hardship exemption, they are not eligible to represent their next first claim club in any Open Team Competition confined to first claim members until the first day of the month following the expiration of six months from the date of receipt of notice of resignation by the Honorary Secretary of the Eligibility Committee of the Association in which the headquarters of the Club they wish to represent are situated. All such changes must be registered with that Association.

Where athletes make an application to the appropriate Eligibility Committee claiming exemption under Rule 6 below, the date that they become eligible to compete for their next first claim Club in Open Team competition shall be the first day of the month so determined by that Committee. This period shall not be longer than six months, unless the athlete concerned has provided false information to that Committee. In that event, the time of the granting of such first claim status shall run from the date of receipt of correct information and

may be longer, therefore, than six months.

## **RULE 6 ELIGIBILITY COMMITTEE AND EXEMPTION**

### **APPLICATIONS**

(1) Each Territorial and National Association shall appoint a Committee consisting of not fewer than five members which shall be called the Eligibility Committee. The Committee shall be responsible for deciding all matters relating to eligibility, including all first claims issues, and for deciding any exemption appeals.

**(2) The Eligibility Committee shall have the power, in any case where it considers that the general welfare of athletes or athletics will be best served, to make an exception to the eligibility rules. They may grant exemption, either wholly or in part to these Rules.**

**(3) Where two Associations are involved there shall be consultation between the Associations before a decision is reached.**

**(4) Where a transfer of an athlete occurs this must be registered on a standard form which must be sent to the second Association as referred to in Rule 6(3) above, and also to the offices of UKA by the Association recording the change of Club and eligibility.**

**(5) All applications for relaxation or exemption from the operation of any of the Rules must be accompanied by a fee of £10, which may be refunded at the discretion of the Committee.**

**(6) Guidelines for considering cases of claims for relaxation or exemption may include:-**

**(a) Where the proposed change of Club is related to a genuine and significant change of residence. Such grounds are only considered if the application is made within twelve months of the change of residence provided that the new Club is nearer to the new residence, or**

**(b) Where the original Club is unable to provide the athlete with adequate competition or facilities, or (c) Where the Club from which the athlete has resigned gives its written support to the move. Such exemption, in whole or part, may be granted on one occasion only, or**

**(d) Where a specific welfare issue affects the ability of athletes to compete for their original Club.**

**(7) Where any relaxation or exemption is approved, either wholly or in part, the date for the establishment of first claim status shall be the 1<sup>st</sup> day of the following month.**

**(8) Appeals: In the event that an athlete or a Club is dissatisfied with the decision of the Eligibility Committee they shall write to the Chief Executive of UK Athletics, together with a fee of £30 and complete documentary evidence for the application for exemption. The Chief Executive will immediately pass the papers to a UKA appointed panel of five people, of which three members who are not members of the Clubs involved, will consider and determine the Appeal within four weeks. The decision of the panel will be final and binding. A refund of the application fee may be made at the discretion of UKA. No new evidence will be accepted by UKA that has not been submitted to the Association concerned.**

## **RULE 7 AGE GROUPS**

**(1) The Competition Year for all athletic activities shall extend from 1<sup>st</sup> October to 30<sup>th</sup> September in the following year.**

**(2) The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at**

the end of the Competition Year, and for all other disciplines, the 31st August prior to the commencement of the Competition Year.

*NOTE: In Northern Ireland the qualifying date for all disciplines is taken at 31st December at the end of the year of competition.*

- (3) Track and Field age groups are identified in Rule 107.
- (4) Road Running age groups are identified in Rule 207.
- (5) Race Walking age groups are identified in Rule 307.
- (6) Cross Country age groups are identified in Rule 507.

## **RULE 8 TEAM EVENTS**

- (1) In any Open Relay Race Clubs shall not be allowed to enter more than three times the number entitled to compete. A Club entering more than one team in a race shall be allowed to select their teams from the Club entry for that event, but no athlete may compete for more than one team. Teams must be declared before the start of the race.
- (2) Ineligibility of a competitor in an Inter-Club or Inter-Team competition does not necessarily disqualify the Club concerned and in such a case the competition shall be decided as if the ineligible competitor had not taken part.
- (3) No athletes shall be allowed to compete in a team unless their names have been declared prior to the event. If it is impracticable to issue a programme a complete list of the entries should be provided for the Referee.

## **RULE 9 COUNTY QUALIFICATION (ENGLAND AND WALES)**

- (1) County Championships are open to all eligible athletes possessing a County Qualification.
- (2) A County qualification may be acquired as follows:
  - (a) By birth (See also Rule 4(1)).
  - (b) By nine months' continuous bona fide residence in the County immediately prior to the date of the competition.
  - (c) By service in a Unit of HM Forces stationed in the County for nine months immediately prior to the date of competition. Residential qualification in the case of anyone serving in the Royal Navy or Royal Marines is determined by the shore establishment, or in the case of a sea-going ship, by the manning port of such ship.

Temporary absence on duty shall not break a qualification acquired under this paragraph.

***NOTE: A Regimental Depot affiliated to a County Association may include in its team any duly qualified member of a service battalion.***

(3) Competitors who have qualified, and competed under 2(b) and (c) retain the qualification until they have acquired residential qualification and competed in the Championship of another County or represented another County in an Inter-County Championship.

(4) A student at school, college or university does not acquire a residential qualification by residence during term time only.

(5) An athlete who has competed in a County Championship, (other than as allowed under 10 below) or represented a County in an Inter-County Championship, may not compete in the Championship of, nor represent another County in that competition year.

(6) County Inter-Team (including relay) Championships are open to:

(a) Any Club affiliated to the County Association, fulfilling the appropriate requirements of Rule 2(4).

(b) Any Unit of HM Services stationed in the County.

(c) Any school, college or business house in the County.

Every member of a team must hold a County qualification.

(7) A County may, at its discretion, limit Team Championships to affiliated Clubs.

(8) Athletes whose first claim Club is not affiliated to the County Association may compete for their second claim Club in a County Inter-Team Championship if they possess the necessary County qualification. Subject to the application of this Rule athletes may represent their Club from the date of election to the Club.

(9) A Club may affiliate to more than one County.

(10) A County may at its discretion relax the residential qualification in the case of Juniors and younger athletes, and of Seniors in residence at a college or university, but competition in any such events shall not be deemed to have established a County qualification.

(11) Where County boundaries are changed by law, affecting the place of birth or residence of an athlete, moving it from County A to County B the following shall apply:

(a) If athletes have already competed for County A or in the Championships of County A under (2) above, they shall retain the existing birth or residential qualification unless notice is given in writing to the Honorary Secretary of County A that they wish to be qualified for County B.

(b) If athletes have not competed for County A or in a Championship of County A under (2) above the place of birth or residence shall be deemed to have been in County B and any period of residence in County A to have been in County B.

**(12) Competitors in an Inter-County Championship must possess a County qualification under (2) above for the County they represent.**

## **RULE 10 TERRITORIAL AND DISTRICT CHAMPIONSHIP QUALIFICATIONS**

### **English Territorial Championships and Representation**

#### **(1) Individual Competition**

**(a) A territorial qualification to compete shall be acquired as follows:**

**(i) By birth (See also Rule 4(1)).**

**(ii) By nine months' continuous bona fide residence within the Territorial boundary immediately prior to the date of the competition.**

**(iii) By nine months' service in HM Forces stationed within the Territorial boundary immediately prior to the date of the competition.**

**(b) A student at school, college or university does not acquire a residential qualification by residence during term time alone. A Territory, though, may, at its discretion, relax the residential qualification in the case of Juniors and younger athletes, and of Seniors in residence at college or university, but competition in any such events shall not be deemed to have established a Territorial qualification.**

**(c) No athlete is allowed to compete in the Championships of more than one Territorial Association in any one nine month period.**

#### **(2) Team Competition**

**Territorial qualification to compete shall be by first claim membership of a Club affiliated to that Territory.**

#### **(3) Territorial Representation**

**Athletes may compete for the Territory provided they are eligible to compete in that Territory's Championships as defined in (1)(a) above.**

### **Scottish District Championships**

**(4) A District qualification shall be acquired as follows:**

**(a) By birth.**

**(b) By residence in the District**

**(c) By first claim or secondary first claim membership of an affiliated Club with headquarters within the District boundary.**

**(5) Athletes may only compete at District Championships within one District in any six month period (commencing 1st April and 1st October).**

### **Welsh National Championships**

**(6) Qualification to compete in the Welsh National Championships shall be acquired as follows:**

(a) By birth in Wales.

(b) By birth of one or both parents in Wales

(c) By two year's continuous bona fide residence in Wales immediately prior to the date of the Championships.

*NOTE: Having qualified under (c) above and competed for Wales at full senior international level, such qualification may continue until the athlete qualifies and competes for another country.*

*A student at school, college or university does not acquire a residential qualification by residence during term time alone.*

## **RULE 11 ATHLETES' REPRESENTATIVES**

(1) An athletes' representative is any individual who advises or assists athletes in the planning, arranging and negotiation of their athletic programme.

(2) UK Athletics shall authorise, register and have jurisdiction over all Athletes' Representatives acting within its territory, under the terms of IAAF Rule 19 and associated "Guidance Notes for IAAF Members for the Regulation of Federation/Athletes' Representatives", together with any Regulations and Guidelines published by UKA. UK Athletics will only authorise individuals to be Athletes' Representatives.

(3) No athlete is permitted to use the services of any Athletes' Representative not authorised by UKA and any athlete who does so may be subject to sanctions in accordance with UKA and/or IAAF Rules together with any Regulations made thereunder.

Athletes' Representatives require authorisation from UKA when acting as an Athletes' Representative in relation to any athlete, whether or not the athlete concerned is subject to the jurisdiction of UKA or competing within the United Kingdom.

(4) UK Athletics shall establish such procedures as it thinks fit for the authorisation and regulation of Athletes' Representatives. UKA shall be empowered to withdraw, cancel or suspend the authorisation of any Athletes' Representative and all authorised Athletes' Representatives shall comply with such direction(s) that UKA may issue from time to time.

(5) Athletes may use the services of any authorised Athletes' Representative with the prior consent of UKA but no such consent shall be granted and no Athletes' Representative shall receive authorisation unless a contract exists between the athlete and his/her Representative which contains the minimum terms set out in the Guidance Notes issued both by the IAAF and UKA referred to in paragraph (2) above.

## **RULE 12 PERMISSION TO PROMOTE**

(1) This Rule applies to all disciplines of athletics as defined in Rule 2(4).

(2) UK Athletics must be notified in advance of any event which may be broadcast live or subsequently in accordance with Rule 13 below

(3) The promotion of the following events requires specific permission:

- (a) All Road Running Events.**
  - (b) All Cross Country, Race Walking, Fell and Hill Running, and Trail Running events.**
  - (c) All athletics events promoted by a Body or Organisation that is not an affiliated Club, County, District, Territorial or National Association, unless they conform to the exceptions specified in (4) below.**
  - (4) Provided they conform to UKA Rules of Competition and do not fall within 2 or 3(a) above, the following athletic events do not require specific permission under 3(c).**
    - (a) Events promoted by, and confined to employees (and their relatives) of any particular business entity.**
    - (b) Events promoted by, and confined to HM Services.**
    - (c) Events promoted by, and confined to employees (and their relatives) of a County or District Council or other Local Authority.**
    - (d) Events promoted by, and confined to members of any school or Education Authority, pre-service organisation or recognised juvenile organisation provided that the relevant National or County Association or committee is affiliated to a Territorial or National Association of UK Athletics.**
  - (5) Permission to Promote will be granted by the appropriate Territorial or National Association. The body granting permission may make such procedural arrangements (including delegation to other bodies) for the administration of their powers as they see fit. They shall hereinafter be called the Permitting Authority.**
  - (6) Applications for permission to promote should be made in writing, accompanied by the appropriate fee, to the relevant Permitting Authority.**
- (Applications must be made at least eight weeks before the proposed date of a cross country event, or six months before the proposed date for other promotions) The application shall be made on the standard form approved for the purpose and shall contain such additional detail as the Permitting Authority may require. The Permitting Authority has discretion whether to grant or refuse permission and shall be entitled to apply to a grant of permission such conditions as it thinks fit.**

**Event Organisers may appeal against the decision of a Permitting Authority.**

**Notice of Appeal must be sent to UKA within 14 days of receipt of such decision and must be accompanied by a deposit of £30 which will be refundable at the discretion of UKA. The Chief Executive of UKA shall, in a timely manner, pass the papers to a UKA appointed panel which will consider and determine the Appeal within four weeks. The decision of the panel shall be final and binding.**

- (7) Applications must include undertakings by the applicant to:**
  - (a) adopt and comply with the UKA Rules for Competition.**
  - (b) include the words “Under UKA Rules” upon all advertisements, programmes and printed matter issued in connection with the athletic event.**
  - (c) organise and manage the event to the appropriate standard and to comply with any additional requirements or conditions of the Permitting Authority.**

(d) state in all advertisements, programmes and printed matter that a Permit to Promote has been granted and have the Permit available for inspection at the venue.

(8) Any Body that promotes, or is involved in the promotion of any athletics event in contravention of this Rule shall be liable to disciplinary action (including suspension of membership) and any person taking part in such a competition may thereby be disqualified from competing under UKA Rules.

### **RULE 13 NOTIFICATION OF EVENTS TO BE BROADCAST**

(1) No body involved in the promotion or organisation of athletics, whether or not affiliated to UK Athletics and whether or not resident in the United Kingdom, may permit any athletic event, competition or promotion held in the United Kingdom to be broadcast whether live or subsequently or be directly or indirectly party to such broadcasting without having notified UK Athletics in advance

(2) Notification of any athletic event, competition or promotion to be broadcast must be made in writing to the Executive Board of UK Athletics as soon as possible and in any event, at least nine months prior to the date on which the athletic event, competition or promotion is intended to be held.

A notification may be made later than nine months prior to the date of the event, competition or promotion only in exceptional circumstances.

(3) Notification must contain all such details as the Executive Board may require and in particular adequate details (as to date, venue, format, organiser, likely competitors and proposed sponsor) to enable a broadcaster to respond to a proposal. Any changes must immediately be notified to the Executive Board which may regard any previous notification as void and require a new notification based on the revised details.

(4) No person may permit any athletic event, competition or promotion held in the United Kingdom to be broadcast whether live or subsequently or be directly or indirectly party to such broadcasting unless that event, competition or promotion has been offered to UK Athletics' broadcaster of first choice for broadcasting and UK Athletics broadcaster of first choice has declined to broadcast that event, competition or promotion.

(5) If UK Athletics' broadcaster of first choice has indicated that it would wish to broadcast an event, competition or promotion, the persons or bodies organising or promoting that event, competition or promotion must cooperate with UK Athletics' broadcaster of first choice in relation to all aspects of the organisation, promotion, recording and televising of that event,

competition or promotion.

*NOTE: UKA aims to raise the profile of the sport to a higher level by obtaining as much broadcast coverage of athletics events as possible and believes that this can best be achieved by a co-ordinated approach to such broadcasting. UKA considers it is in the best interest of all concerned that athletics events,*

*competitions or promotions are televised or recorded for radio or broadcast by any other means by UKA's broadcaster of first choice from time to time.*

## **RULE 14 ENTRIES**

- (1) Every entry shall be made to the Secretary or other authorised official of the promoting Body.**
- (2) Any Club, Association or Managing Body has the right to refuse any entry without assigning a reason to the entrant, but the reason must be disclosed to UKA if requested.**
- (3) No entry either for individual or team events may be made except upon the form of entry issued or approved by the Permitting Authority.**
- (4) Every entry must be dated and state fully and accurately the particulars required by the official entry form issued or approved by UKA. No one shall be allowed to compete unless an entry form is completed in accordance with this Rule and anyone whose entry form is not so completed shall forfeit the entrance fee.**
- (5) Every entry must be made in the true, legally registered name of the competitor and this name shall appear on the programme.**
- (6) Every individual entry shall be signed by the intending competitor, who shall be responsible for all statements therein and any omissions therefrom, whether the athlete actually made the entry or not. Any individual making a false entry shall be dealt with for misconduct.**
- (7) For twelve months following a change of name, whether by marriage or otherwise, a competitor must include both the new and former names on every entry.**
- (8) Every entry for an event limited by age shall state the date of birth and present age in years and months of the intending competitor and every such entry shall, if required, be verified by the production of a birth certificate.**
- (9) Where a team declaration is required for an event, this entry shall be signed by the Secretary or other authorised official of the Club on whose behalf the entry is made, and the Club shall be responsible for the accuracy of the information given by such official. Any affiliated Club making a false entry shall be dealt with for misconduct.**
- (10) No entry to a competition under UKA Rules may be tendered or accepted unless accompanied by the full amount of the stipulated entry fee.**

## **RULE 15 PROGRAMME AND PUBLISHED MATTER**

- (1) All advertisements, programmes and printed matter shall state that the meeting or competition is being held "Under UKA Rules".**
- (2) Promoters of an Open Team event must declare in advance which team awards are included within the event or race and the manner in which they will be decided. In the case of a relay race the distance of each section and the order in which sections are to be run must be similarly declared.**

## **RULE 16 ADVERTISING AND SPONSORSHIP**

(1) All advertising and sponsorship contracts (other than the sponsorship of events) with any Club or individual athlete under the jurisdiction of UKA must be registered with UKA.

(2) Advertising on competition clothing by the sponsor of a Club or Association is permitted subject to the following conditions:

(a) The specific design of the advertising material to be used, together with the name of the sponsor(s) shall be submitted by the Club or Association to UKA for prior approval and registration.

(b) The advertising material may appear only on the vest of the Club or Association and/or a tracksuit.

(c) Only one such identification may appear on each vest or tracksuit.

The identification shall be a maximum of 40 square cm, with lettering a maximum height of 4cm. The size of the identification is to be measured while worn by the athlete.

(3) In competitions held under UKA Rules (but not IAAF Rules) an athlete may wear an identification of a personal sponsor. The identification may appear only once and must be a maximum of 20 square cm, with any lettering a maximum height of 4cm. If the identification is solely a logo then this must be a maximum of 20 square cm with a maximum height of 5cm.

## **RULE 17 CLOTHING**

(1) In all events competitors must wear at least vest and shorts (or equivalent clothing) which are clean and so designed and worn as not to be objectionable, even if wet.

(2) In team or relay races all competitors must wear registered vests of the same design and colour of the team they are representing, unless the Referee has given permission for a change to be made.

*NOTE 1: This Rule does not preclude the possibility of clothing being different in style between participants in the same team e.g. vests of different length, cut of sleeve or collar etc. Any team clothing should, though, still broadly correspond in colour and design notwithstanding these differences.*

*NOTE 2: Clubs are permitted to have two sets of colours registered at any one time. In team or relay races all competitors should wear registered vests of the same design.*

(3) In individual County, District and Territorial Championships, and in National Championships (excluding Road Running) athletes must wear the vest of their first-claim affiliated Club, or their County, Territorial or National vest. The Club concerned must be the one which in terms of Rule 2 (4) caters for that particular discipline of athletics.

*NOTE: In exceptional circumstances the Referee may grant permission for an alternative vest to be worn.*

**(4) Except as is allowed for in Rule 16, competitors are not allowed to take into an arena or course any form of advertising material, nor to display on their person any such advertising other than:**

**(a) the accepted name of their affiliated Club in lettering which should not exceed 4cm in height. In the case of County or Territorial vests the lettering indicating the name shall not exceed 6cm in height.**

**(b) a single Trade Mark of the manufacturer of the clothing they are wearing which may appear on the upper body attire. This Mark must not exceed 20 square cm, with the lettering a maximum height of 4cm and the total logo a maximum height of 5cm. On lower body attire the logo shall not exceed 20 square cm with a maximum height of 4cm and may only appear once.**

### **RULE 18 NUMBER CARDS**

**(1) Competitors shall be supplied with and wear during competition a distinctive number card corresponding with their number in the programme or start list. No competitor shall be allowed to take part in any competition without wearing the appropriate number card(s) and such card(s) must be worn as issued and not be cut, folded or otherwise concealed or mutilated in any way. In races in excess of 10,000m these cards may be manufactured with perforations to assist the circulation of air, but the perforations must not be made on any of the lettering or numerals which appear on them.**

**(2) Organisations which have contracts with commercial sponsors for the addition of lettering on number cards to be worn at meetings, are not to allow this lettering to exceed 5cm in height.**

**(3) Organisers must ensure that the same style of number card is issued to, and worn by, all competitors taking part in the meeting.**

### **RULE 19 BETTING**

**All betting is strictly prohibited.**

### **RULE 20 CHALLENGE CUPS**

**(1) A Challenge Prize belongs to the Promoting Body unless won outright, and must be returned by the holder on request, even in the event of the competition not being held or being discontinued.**

**(2) A Challenge Prize holder who in all respects is eligible to compete has an interest in the trophy and has the right to enter the next competition on satisfactory completion of the appropriate entry form.**

### **RULE 21 ASSISTANCE**

**(1) The following shall be interpreted as assistance**

**(a) Pacing by persons not participating in a race, unless assisting a blind or partially sighted runner.**

**(b) Receiving advice or similar assistance during an event from an individual located within the competition area.**

**(c) The use of any technical device.**

**Athletes receiving assistance as defined above are liable to be disqualified.**

**(2) The following shall not be interpreted as assistance:-**

**(a) Communication during an event between athletes, and other persons not within the competition area.**

**(b) A medical examination during the progress of an event by medical personnel solely to determine whether an athlete is fit enough to continue in the competition.**

**(c) The use of heart monitors in races in excess of 10000m.**

## **RULE 22 MISCONDUCT**

**(1) Any individual athlete or official of an affiliated Club making a false entry for competition shall be dealt with by the appropriate Association for misconduct.**

**(2) Any competitor (or other person) interfering or attempting to interfere with the decision of an event official, or indulging in unfair practices or misbehaviour, including the use of offensive or abusive language shall, at the discretion of the Referee, be disqualified from the competition and, if deemed necessary, reported to the appropriate Association for further action.**

**Performances achieved in a competition prior to disqualification shall stand.**

**(3) Athletes or officials who breach the Rules of Competition or conduct themselves in a manner which may bring discredit to the sport of athletics may be reported to the appropriate Association to take such action as it deems necessary**

**(4) The Executive Board of UK Athletics may, at its discretion, refer any matter to its Independent Appeals Panel once a decision has been taken by the appropriate National Association.**

**(5) The Executive Board's decision as to which Association is the appropriate Association to deal with any matter falling within this Rule shall be final and binding.**

## **RULE 23 PROTESTS AND APPEALS**

**(1) Any protest or objection against the qualification to compete, or the statements in the entry form of another competitor or Club shall be made to the Referee or to the appropriate Association in the manner prescribed in (2) below. When practicable such protest or objection should be made before the date of the competition, or normally within 14 days of the date of the competition.**

**(2) Every protest or objection lodged under (1) shall be accompanied by a deposit of £10 and shall be made in writing and be signed by the individual objector or by an authorised official. If, upon investigation, the protest or objection shall appear to have been made on no reasonable grounds, the deposit shall be forfeited to the appropriate Association.**

**(3) The Referee may decide the protest or objection made under (1) on the ground, but if the decision is objected to at the time, the Referee shall be required to refer the matter to the appropriate Association. Any protest or objection referred in this manner shall be decided within one month of receipt by that Association.**

**(4) In the event of a protest or objection being lodged against a successful competitor, team or Club, the prize or prizes shall be withheld until the protest or objection shall have been finally disposed of in a manner provided for in this Rule. If within a period of three months from the date of the competition the protest or objection shall be sustained the prize or prizes shall be awarded as if the competitor, team or Club objected to had not taken part in the competition.**

**(5) Any competitor, team or Club may appeal against the decision of the Territorial, National or other appropriate Association. Notice of Appeal must be sent to UKA within 14 days of receipt of such decision and must be accompanied by a further deposit of £50, which will be refundable at the discretion of UKA. The appeal will be determined in accordance with the procedures established by UKA.**

**(6) Without prejudice to the foregoing, where any dispute exists between any person, or between any person and a National, Territorial or other appropriate Association, or UKA, any party to such dispute may refer the matter for resolution in accordance with the Appeal procedure established by UKA. Any application for such an appeal must be received within two calendar months of the date of the event or of the decision being contested.**

**UKA shall convene a Hearing within two months of receipt of the Notice of Appeal and shall notify all parties deemed to be involved in the Appeal. No new evidence will be accepted by UKA that has not been submitted previously to the Associations concerned.**

## **RULE 24 DOPING**

**Doping in or out of competition is strictly forbidden and is an offence. (For details of the rules, regulations and procedures regarding doping control, together with currently banned substances, refer to the Rules, Procedures and Guidelines on Doping Control produced by UKA).**