

## Lancashire Athletic Association -Winners 2009

### Senior Women

100m	Becky White	Sale Harriers	12.6s	
200m	Eleanor Markendale	Pendle AC	25.9s	
400m	Sharon Trusch	Preston Harriers	60.0s	
800m	Danielle McCann	Preston Harriers	2.18.4mins	
1500m	Stephanie Roe	Preston Harriers	4.47.2mins	
5000m	Not Contested			
5000m V	Not Contested			
100m H	Kelly Hilton	Chorley AC	15.4s	
400mH	Jackie Noblett	Preston Harriers	65.0s	
3000mS/C	No Entries			
Pole Vault	Michelle Sharrock	Wigan Harriers	3.30m	
High Jump	Emma James	Preston Harriers	1.50m	
Long Jump	Becky White	Sale Harriers	5.79m	
Triple Jump	Kelly Hilton	Chorley AC	12.27m	CBP
Shot Putt	Nicola Breaks	Hyndburn AC	9.70m	
Hammer	Marit Zahkna	Manx Harriers	45.86m	
Discus	Sarah Henton	Blackburn Harriers & AC	44.29m	
Javelin	Eloise Manger	Chorley AC	40.73m	
4x100m Relay	No Entries			

### Under 20 Women

100m	Mica Nottingham	Liverpool Harriers	11.8s	CBP
200m	Mica Nottingham	Liverpool Harriers	24.8s	CEB
400m	Ashleigh Williams	Newham & Essex Beagles	58.7s	
800m	Leigh Lennon	Newham & Essex Beagles	2.08.6mins	
1500m	Leigh Lennon	Newham & Essex Beagles	4.40.7mins	
3000m	Annika Jarman	Lancaster & Morecambe AC	10.27.9mins	
100m H	Abby-Leigh Edmundson	Blackburn Harriers & AC	15.9s	
400m H	Abby-Leigh Edmundson	Blackburn Harriers & AC	67.7s	
Pole Vault	Holly Bleasdale	Blackburn Harriers & AC	3.30m	CBP
High Jump	Hannah Dickson	Blackpool Wyre & Fylde AC	1.63m	
Long Jump	Harriet James	Preston Harriers	5.37m	
Triple Jump	Carmen Peter-Thomas	Blackburn Harriers & AC	10.64m	
Shot Putt	Rebekah Ingham	Preston Harriers	8.94m	
Hammer	Sophie Hitchon	Blackburn Harriers & AC	61.56m	CBP
Discus	Sarah Hatch	Unattached	26.47m	
Javelin	Rosie Southworth	Pendle AC	33.14m	

### Under 17 Women

100m	Katy Wyper	Blackpool Wyre & Fylde AC	12.5s	
200m	Lucy Mansfield	Blackpool Wyre & Fylde AC	25.5s	
300m	Lucy Mansfield	Blackpool Wyre & Fylde AC	41.8s	
800m	Lauren Bugler	Preston Harriers	2.20.1mins	
1500m	Charlotte Atkinson	Blackburn Harriers & AC	4.58.8mins	
3000m	Charlotte Atkinson	Blackburn Harriers & AC	10.42.9mins	
80m H	Kati Williams	Preston Harriers	12.0s	
300m H	Alicia Johnston	Blackpool Wyre & Fylde AC	47.9s	
Pole Vault	Loryn McCrudden	Blackpool Wyre & Fylde AC	2.30m	
High Jump	Jody Farnworth	Chorley AC	1.55m	
Long Jump	Hannah Lupton	Preston Harriers	5.44m	
Triple Jump	Amy Lupton	Preston Harriers	10.06m	
Shot Putt	Hannah Lupton	Preston Harriers	9.74m	
Hammer	Megan Searson	Blackburn Harriers & AC	31.89m	
Discus	Charlotte Beech	Pendle AC	28.46m	
Javelin	Amy Lupton	Preston Harriers	34.35m	
4x100m Relay		Blackpool Wyre & Fylde AC	50.2s	CBP

### Under 15 Girls

100m	Sophie Riley	Blackpool Wyre & Fylde AC	12.5s	CBP
200m	Sophie Riley	Blackpool Wyre & Fylde AC	25.6S	CEB
300m	Kassidy Knight	Blackpool Wyre & Fylde AC	45.0s	
800m	Jade Lord	Pendle AC	2.24.2mins	
1500m	Charlotte Evans	Blackpool Wyre & Fylde AC	4.56.2mins	
3000m	Sarah Hodgson	Lancaster & Morecambe AC	10.50.3mins	
75m H	Katy Alderson	Preston Harriers	12.6s	
Pole Vault	Chloe Needham	Blackpool Wyre & Fylde AC	2.30m	CBP
High Jump	Reagan Dee	Manx Harriers	1.63m	
Long Jump	Katy Alderson	Preston Harriers	4.73m	
Shot Putt	Lucy Chadwick	Pendle AC	11.00m	CBP
Discus	Chloe Needham	Blackpool Wyre & Fylde AC	28.57m	
Javelin	Lindsay O'Brien	Blackpool Wyre & Fylde AC	26.49m	
Hammer	Lucy Chadwick	Pendle AC	34.14m	CBP
4x100m Relay		Blackpool Wyre & Fylde AC	51.8s	

### Under 13 Girls

100m	Tash Gardner	Blackpool Wyre & Fylde AC	12.9s	CBP
200m	Tash Gardner	Blackpool Wyre & Fylde AC	27.9s	CBP
800m	Kate Lawler	Blackpool Wyre & Fylde AC	2.31.9mins	
1500m	Sally Searson	Blackburn Harriers & AC	5.27.3mins	
70m H	Laura Taylor	Chorley AC	12.6s	CBP
High Jump	Tash Gardner	Blackpool Wyre & Fylde AC	1.31m	
Long Jump	Tash Gardner	Blackpool Wyre & Fylde AC	4.54m	
Shot Putt	Beth Evans	Preston Harriers	7.09m	
Discus	Beth Evans	Preston Harriers	20.36m	CBP
Javelin	Marnie Shirtcliffe	Hyndburn AC	25.11m	CBP
4x100m Relay		Preston Harriers	56.7s	CBP

### Senior Men

100m	Thomas Riley	Manx Harriers	10.8s	CEB
200m	Simon Woan	Preston Harriers	22.2s	
400m	Brent Starkie	Blackpool Wyre & Fylde AC	49.1s	
800m	Ryan Fairclough	Northern AC	1.59.0mins	
1500m	Nathan Riding	Newham & Essex Beagles	3.59.8mins	
5000m	Stuart Robinson	Blackpool Wyre & Fylde AC	15.39.5mins	
5000m Vet	Not Contested			
110m H	Paul Whittle	Blackburn Harriers & AC	16.3s	
400m H	Jeff Christie	Windsor Slough & Heaton Ac	55.0s	
3000mS/C	Nathan Riding	Newham & Essex Beagles	10.11.5mins	
Pole Vault	Not Contested			
High Jump	Martin Aram	Liverpool Harriers	1.90m	
Long Jump	Andrew Robinson	Preston Harriers	6.56m	
Triple Jump	Claude Peter-Thomas	Blackburn Harriers & AC	13.34m	
Shot Putt	Martin Aram	Liverpool Harriers	12.68m	
Hammer	Simon Bissell	Bolton United Harriers	49.00m	CBP
Discus	Simon Bissell	Bolton United Harriers	42.45m	
Javelin	Phill Sharpe	Border Harriers	61.87m	
4x100m	Not Contested			

### Under 20 Men

100m	Luke Evans	Blackburn Harriers & AC	10.9s	CEB
200m	Luke Evans	Blackburn Harriers & AC	21.8s	CEB
400m	Ian Yates	Ribble Valley AC	51.6s	
800m	Robbie Schofield	Ribble Valley AC	1.56.1mins	
1500m	Robbie Schofield	Ribble Valley AC	4.02.2mins	
3000m	Carl Billington	Blackburn Harriers & AC	8.45.9mins	
110mH	Liam Monaghan	Blackburn Harriers & AC	16.3s	
400mH	Edward Greenall	Preston Harriers	60.9s	
2000m S/C	Paul Hodgson	Lancaster & Morecambe AC	7.07.2mins	
Pole Vault	Matthew Wright	Blackpool Wyre & Fylde AC	4.30m	

High Jump	Cameron Gore	Wigan Harriers	1.90m	
Long Jump	Ryan Sumner	Preston Harriers	5.93m	
Triple Jump	Not Contested			
Shot Putt	Ryan Inglis	Pendle AC	11.11m	
Hammer	Lewis Taylor	Blackburn Harriers & AC	39.75m	
Discus	Ryan Inglis	Pendle AC	30.57m	
Javelin	Michael Friend	Lancaster & Morecambe AC	50.53m	

#### Under 17 Men

100m	James Davies	Blackpool Wyre & Fylde AC	11.3s	
200m	Louis Schofield	Blackpool Wyre & Fylde AC	23.5s	
400m	Sam Yates	Ribble Valley AC	52.2s	
800m	Ben Akin	Preston Harriers	1.57.5mins	
1500m	Kristian Bibby	Preston Harriers	4.09.8mins	
3000m	Kristina Bibby	Preston Harriers	8.51.9mins	CBP
100mH	Oliver Aspden	Blackburn Harriers & AC	15.3s	
400mH	None Contested			
1500m S/C	Sean Kirkbride	Liverpool Pemb & Seft AC	5.12.1mins	
Pole Vault	James Blackburn	Pendle AC	2.80m	
High Jump	Lewis Arbon	Blackpool Wyre & Fylde AC	1.65m	
Long Jump	James Davies	Blackpool Wyre & Fylde AC	6.50m	
Triple Jump	James Davies	Blackpool Wyre & Fylde AC	13.51m	CBP
Shot Putt	Darren Evans	Preston Harriers	12.64m	
Hammer	Darren Evans	Preston Harriers	46.73m	
Discus	Samuel Johnson	Preston Harriers	32.54m	
Javelin	Thomas Dewhurst	Preston Harriers	39.42m	
4x100m Relays		Blackpool Wyre & Fylde AC	46.3s	CBP

#### Under 15 Boys

100m	Joshua Ingham	Preston Harriers	12.2s	
200m	Joshua Ingham	Preston Harriers	24.4s	
400m	Jacob Weir	Preston Harriers	56.1s	
800m	Ryan Sciacca	Chorley AC	2.14.2mins	
1500m	Alistair Nelson	Liverpool Pemb & Seft AC	4.36.4mins	
3000m	Alexander Evans	Blackpool Wyre & Fylde AC	10.21.1mins	
80m H	Harry Coppell	Wigan Harriers	14.4s	
Pole Vault	Matthew Walker	Blackpool Wyre & Fylde AC	2.95m	
High Jump	Harry Coppell	Wigan Harriers	1.59m	
Long Jump	Niall McCoy	Preston Harriers	4.88m	
Triple Jump	Jacob Weir	Preston Harriers	10.49m	
Shot Putt	Niall McCoy	Preston Harriers	10.17m	
Hammer	William Goodier	Preston Harriers	21.35m	
Discus	Ben Whipp	Chorley AC	25.21m	
Javelin	Niall McCoy	Preston Harriers	42.00m	
4x100m Relays		Preston Harriers	49.8s	CBP

#### Under 13 Boys

100m	Kieran Corbett	Preston Harriers	13.6s	
200m	Kieran Corbett	Preston Harriers	27.7s	
800m	Bradley Yates	Blackpool Wyre & Fylde AC	2.21.8mins	
1500m	Bradley Yates	Blackpool Wyre & Fylde AC	4.51.6mins	
75m H	Tom Booth	Preston Harriers	16.8s	
High Jump	Tom Booth	Preston Harriers	1.30m	
Long Jump	David Jones	Blackpool Wyre & Fylde AC	4.45m	
Shot Putt	David Jones	Blackpool Wyre & Fylde AC	6.88m	
Discus	David Jones	Blackpool Wyre & Fylde	15.82m	CBP
Javelin	David Jones	Blackpool Wyre & Fylde AC	30.11m	CBP
4x100m Relays		Preston Harriers	57.1s	CEB