

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U13G**

LEG	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	19	Elizabeth Greenwood	Blackburn Harriers	Lancashire	12.05	12.05	1	1
2	1	Georgia Aston-Massey	Halton & Frodsham	Cheshire	12.26	12.26	2	2
3	10	Lily McGuinness	East Cheshire & Tameside AC	Greater Manchester	12.33	12.33	3	3
4	23	Grace Handley	Preston Harriers	Lancashire	12.44	12.44	4	5
5	26	Anna Rowe	Liverpool Harriers	Merseyside	12.53	12.53	5	6
6	4	Sarah McGrail	Warrington AC	Cheshire	13.02	13.02	6	8
7	2	Jessica Renner	Vale Royal	Cheshire	13.09	13.09	7	10
8	29	Paige Masund	St Helens Sutton AC	Merseyside	13.13	13.13	8	11
9	30	Emma Alderson	Southport Waterloo AC	Merseyside	13.19	13.19	9	13
10	27	Bethan Strange	Liverpool Harriers	Merseyside	13.30	13.30	10	14
11	24	Beatrice Toman	Rossendale Harriers	Lancashire	13.34	13.34	11	16
12	13	Karley Jarrett	Stockport H	Greater Manchester	13.42	13.42	12	18
13	14	Juliet Downs	Stockport H	Greater Manchester	13.44	13.44	13	19
14	25	Shauna Williamson	Rossendale Harriers	Lancashire	13.53	13.53	14	23
15	5	Amy Renton	Warrington AC	Cheshire	13.59	13.59	15	27
16	16	Francesca Corosi	Stockport H	Greater Manchester	14.06	14.06	16	29
17	22	Emily Hall	Blackpool Fylde & Wyre	Lancashire	14.08	14.08	17	32
18	21	Annie Bradshaw	Blackpool Fylde & Wyre	Lancashire	14.12	14.12	18	35
19	11	Alannah Newell	East Cheshire & Tameside AC	Greater Manchester	14.18	14.18	19	40
20	12	Olivia Stones	Leigh Harriers	Greater Manchester	14.20	14.20	20	41
21	20	Georgia Turgoose	Blackburn Harriers	Lancashire	14.28	14.28	21	45
22	15	Britney Sharples	Stockport H	Greater Manchester	14.31	14.31	22	48
23	28	Lauryn Walker	Liverpool Harriers	Merseyside	14.42	14.42	23	52
24	17	Naomi Sinclair	Stockport H	Greater Manchester	15.09	15.09	24	62
25	9	Beth Rigby	Bury AC/St. Helens (N/S)	N/A	15.22	15.22	25	64
26	6	Claudia Hall	Warrington AC	Cheshire	16.20	16.20	26	69
27	7	Georgia Barlow	West Cheshire	Cheshire	17.58	17.58	27	77

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	26	Emily Gray	Liverpool Harriers	Merseyside	25.49	12.56	1	7
2	23	Charlotte Crook	Preston Harriers	Lancashire	26.02	13.18	2	12
3	19	Kelsey Rutherford	Blackburn Harriers	Lancashire	26.27	14.22	13	42
4	10	Leah Troy	East Cheshire & Tameside AC	Greater Manchester	26.43	14.10	10	33
5	2	Rebecca Williams	Vale Royal	Cheshire	26.49	13.40	3	17
6	4	Olivia Bush	Warrington AC	Cheshire	26.55	13.53	6	23
7	13	Eliza Brackenridge Jones	Stockport H	Greater Manchester	27.37	13.55	7	25
8	27	Olivia Phillips	Liverpool Harriers	Merseyside	27.59	14.29	15	46
9	21	Deni Impett	Blackpool Fylde & Wyre	Lancashire	28.00	13.48	4	21
10	16	Georgia Bourke	Stockport H	Greater Manchester	28.01	13.55	8	26
11	5	Amy Moran	Warrington AC	Cheshire	28.06	14.07	9	31
12	1	Jenny Pyatt	Halton & Frodsham	Cheshire	28.07	15.41	22	67
13	25	Sarah Longshaw	Rossendale Harriers	Lancashire	28.10	14.17	12	39
14	24	Corina Howarth	Rossendale Harriers	Lancashire	28.15	14.41	17	50
15	14	Jasmine Hannon	Stockport H	Greater Manchester	28.18	14.34	16	49
16	15	Grace Bower	Stockport H	Greater Manchester	28.21	13.50	5	22
17	20	Hannah Cookson	Blackburn Harriers	Lancashire	28.44	14.16	11	38
18	12	Katie Hatton	Leigh Harriers	Greater Manchester	28.45	14.25	14	44
19	11	Leah Meredith	East Cheshire & Tameside AC	Greater Manchester	29.05	14.47	18	54
20	22	Chloe Hall	Blackpool Fylde & Wyre	Lancashire	29.28	15.20	20	63
21	30	Nisha Kumari-Webster	Southport Waterloo AC	Merseyside	30.05	16.46	24	74
22	28	Izzy Waygarth	Liverpool Harriers	Merseyside	30.19	15.37	21	66
23	29	Ellie Maudsley	St Helens Sutton AC	Merseyside	30.55	17.42	25	76
24	17	Heather Corden	Stockport H	Greater Manchester	31.33	16.24	23	70
25	7	Charlotte Mercer	West Cheshire	Cheshire	32.50	14.52	19	55
26	9	Chesley Fell	Bury AC/St. Helens (N/S)	N/A	33.42	18.20	26	78

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U13G**

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	26	Molly Thomson	Liverpool Harriers	Merseyside	38.52	13.03	2	9
2	23	Samantha Hollings	Preston Harriers	Lancashire	40.08	14.06	6	29
3	10	Chloe Lockett	East Cheshire & Tameside AC	Greater Manchester	40.15	13.32	3	15
4	13	Katy Whiteoak	Stockport H	Greater Manchester	40.16	12.39	1	4
5	4	Georgina Crawley	Warrington AC	Cheshire	41.36	14.41	12	51
6	2	Becky Smith	Vale Royal	Cheshire	41.56	15.07	19	61
7	19	Morgan Angland	Blackburn Harriers	Lancashire	41.57	15.30	20	65
8	14	Emma Donaghy	Stockport H	Greater Manchester	42.04	13.46	4	20
9	5	Abi Dickenson	Warrington AC	Cheshire	42.09	14.03	5	28
10	27	Emily Rowe	Liverpool Harriers	Merseyside	42.11	14.12	8	35
11	21	Molly Scarr	Blackpool Fylde & Wyre	Lancashire	42.12	14.12	7	34
12	1	Molly Whitehead	Halton & Frodsham	Cheshire	42.32	14.25	10	43
13	16	Emily Hughes	Stockport H	Greater Manchester	42.45	14.44	13	53
14	12	Eleanor Bond	Leigh Harriers	Greater Manchester	43.01	14.16	9	37
15	25	Eleanor Solomon	Rosendale Harriers	Lancashire	43.04	14.54	14	56
16	24	Jessica Nelson	Rosendale Harriers	Lancashire	43.14	14.59	17	59
17	15	Grace Garner	Stockport H	Greater Manchester	43.16	14.55	16	58
18	20	Megan Clarkson	Blackburn Harriers	Lancashire	44.42	15.58	21	68
19	28	Megan Finch	Liverpool Harriers	Merseyside	44.49	14.30	11	47
20	30	Sally Laughton	Southport Waterloo AC	Merseyside	44.59	14.54	15	57
21	22	Lauren Quarmby	Blackpool Fylde & Wyre	Lancashire	46.26	16.58	25	75
22	17	Nicole Sharrocks	Stockport H	Greater Manchester	46.37	15.04	18	60
23	29	Alex Glynn	St Helens Sutton AC	Merseyside	47.25	16.30	23	72
24	7	Sophie Carter	West Cheshire	Cheshire	49.14	16.24	22	70
25	9	Emily Roberts (St H)	Bury AC/St. Helens (N/S)	N/A	50.23	16.41	24	73

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U15G**

	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest Lap	Fast Overall
1	91	Sophie Tarver	Wirral AC	Merseyside	12.03	12.03	1	2
2	61	Jess Parsons	Vale Royal	Cheshire	12.08	12.08	2	3
3	65	Harriett Knowle-Jones	Warrington AC	Cheshire	12.22	12.22	3	5
4	86	Sophie Brennan	Liverpool Harriers	Merseyside	12.26	12.26	4	10
5	82	Amelia Wood	Ribble Valley	Lancashire	12.32	12.32	5	11
6	80	Mary Hodgson	Lancaster & Morecambe	Lancashire	12.33	12.33	6	12
7	68	Christie Cook	Bury AC	Greater Manchester	12.38	12.38	7	14
8	64	Kate Merrill	Warrington AC	Cheshire	12.47	12.47	8	16
9	73	Elizabeth Aspley	Stockport H	Greater Manchester	12.52	12.52	9	17
10	74	Eileen Downs	Stockport H	Greater Manchester	12.55	12.55	10	19
11	81	Emma Hargreaves	Preston Harriers	Lancashire	13.01	13.01	11	25
12	78	Lucy Whalley	Blackpool Fylde & Wyre	Lancashire	13.05	13.05	12	26
13	89	Danielle Webb	St Helens Sutton AC	Merseyside	13.16	13.16	13	27
14	77	Sally Scarson	Blackburn Harriers	Lancashire	13.26	13.26	14	30
15	79	Kelly Smith	Blackpool Fylde & Wyre	Lancashire	13.34	13.34	15	33
16	70	Roisin Clegg	East Cheshire & Tameside AC	Greater Manchester	13.42	13.42	16	36
17	62	Alice Cockerton	Vale Royal	Cheshire	13.44	13.44	17	37
18	93	Rachel McGoldrick	St Helens Sutton AC	Merseyside	13.47	13.47	18	39
19	87	Issy Perez	Liverpool Harriers	Merseyside	13.48	13.48	19	40
20	83	Megan Solomon	Rossendale Harriers	Lancashire	13.49	13.49	20	41
21	60	Keira Grady	Halton & Frodsham	Cheshire	13.51	13.51	21	44
22	94	Amy Nolan	Vale Royal	Cheshire	13.58	13.58	22	48
23	84	Lucy Moore	Rossendale Harriers	Lancashire	14.03	14.03	23	50
24	88	Hannah King	Liverpool Harriers	Merseyside	14.05	14.05	24	54
25	32	Libby Turner	Ribble Valley	Lancashire	14.18	14.18	25	57
26	69	Eleanor Boyle	Bury AC	Greater Manchester	14.22	14.22	26	58
27	72	Hannah O'Malley	Leigh Harriers	Greater Manchester	14.27	14.27	27	61
28	66	Megan McEveley	West Cheshire	Cheshire	14.29	14.29	28	64
29	63	Elya Monsen-Elvik	Warrington AC	Cheshire	14.41	14.41	29	71
30	90	Caroline Smith	Southport Waterloo AC	Merseyside	14.58	14.58	30	77
31	71	Lydia Pinington	East Cheshire & Tameside AC	Greater Manchester	15.03	15.03	31	79
32	85	Moira Davies	Rossendale Harriers	Lancashire	15.44	15.44	32	84

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest Lap	Fast Overall
1	61	Amy Hinchly	Vale Royal	Cheshire	24.30	12.22	1	5
2	65	Elizabeth Smith	Warrington AC	Cheshire	25.00	12.38	3	13
3	91	Heather Nuttall	Wirral AC	Merseyside	25.02	12.59	5	23
4	78	Alisha Johnson	Blackpool Fylde & Wyre	Lancashire	25.29	12.24	2	9
5	82	Lucy Lennon	Ribble Valley	Lancashire	25.51	13.19	7	29
6	68	Antonia Kean	Bury AC	Greater Manchester	26.08	13.30	8	31
7	86	Olivia Thompson	Liverpool Harriers	Merseyside	26.10	13.44	9	38
8	77	Rhiannon Wickham	Blackburn Harriers	Lancashire	26.20	12.54	4	18
9	64	Louise Watterson	Warrington AC	Cheshire	26.37	13.50	10	42
10	74	Alice Hughes	Stockport H	Greater Manchester	26.51	13.56	12	47
11	81	Grace Maddox	Preston Harriers	Lancashire	26.53	13.52	11	46
12	80	Charlotte Whitaker	Lancaster & Morecambe	Lancashire	26.59	14.26	18	60
13	62	Lucy Scott	Vale Royal	Cheshire	27.00	13.16	6	27
14	73	Leah O'Connell	Stockport H	Greater Manchester	27.20	14.28	19	63
15	89	Shannon Partington	St Helens Sutton AC	Merseyside	27.38	14.22	17	58
16	70	Niamh Hartshorne	East Cheshire & Tameside AC	Greater Manchester	27.46	14.04	13	52
17	87	Wrea Ventr Long	Liverpool Harriers	Merseyside	28.01	14.13	15	55
18	84	Shona Monks	Rossendale Harriers	Lancashire	28.07	14.04	14	53
19	88	Hannah Skaffe	Liverpool Harriers	Merseyside	28.38	14.33	20	66
20	66	Natasha Tudor	West Cheshire	Cheshire	28.43	14.14	16	56
21	94	Chloe Broad	Vale Royal	Cheshire	28.45	14.47	23	74
22	69	Elizabeth Howard	Bury AC	Greater Manchester	29.00	14.38	21	69
23	83	Isabella Lewis	Rossendale Harriers	Lancashire	29.10	15.21	25	81
24	79	Alex Quarmby	Blackpool Fylde & Wyre	Lancashire	29.11	15.37	27	83
25	72	Lucy Dillon	Leigh Harriers	Greater Manchester	29.26	14.59	24	78

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**U15G**

26	63	Mia Takemoto	Warrington AC	Cheshire	29.27	14.46	22	73
27	60	Emily Ross	Halton & Frodsham	Cheshire	30.04	16.13	28	86
28	90	Lizzie McKay	Southport Waterloo AC	Merseyside	30.25	15.27	26	82
29	93	Lauren Wilcock	St Helens Sutton AC	Merseyside	31.06	17.19	30	89
30	85	Molly Neary	Rosendale Harriers	Lancashire	32.26	16.42	29	88

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# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U15G**

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest Lap	Fast Overall
1	61	Katie Gerrard	Vale Royal	Cheshire	36.22	11.52	1	1
2	78	Molly Betmead	Blackpool Fylde & Wyre	Lancashire	37.52	12.23	4	8
3	91	Aileen Kearney	Wirral AC	Merseyside	38.39	13.37	12	35
4	65	Jemma Eyre	Warrington AC	Cheshire	38.50	13.50	13	43
5	86	Abbie Gray	Liverpool Harriers	Merseyside	39.06	12.56	7	21
6	73	Mollie Williams	Stockport H	Greater Manchester	39.43	12.23	3	7
7	82	Georgie Smith	Ribble Valley	Lancashire	39.43	13.52	14	45
8	81	Beth Blackwell	Preston Harriers	Lancashire	39.52	12.59	9	24
9	80	Rosie Dale	Lancaster & Morecambe	Lancashire	39.56	12.57	8	22
10	70	Megan Ashelby	East Cheshire & Tameside AC	Greater Manchester	39.59	12.13	2	4
11	64	Katy Entwistle	Warrington AC	Cheshire	40.07	13.30	10	32
12	62	Clara Pettitt	Vale Royal	Cheshire	40.37	13.37	11	34
13	68	Jennifer Smalley	Bury AC	Greater Manchester	41.00	14.52	24	76
14	77	Polly Pearse	Blackburn Harriers	Lancashire	41.30	15.10	25	80
15	74	Sophie Williams	Stockport H	Greater Manchester	41.35	14.44	22	72
16	83	Rebecca Flanagan	Rossendale Harriers	Lancashire	41.54	12.44	5	15
17	87	Rachel Hart	Liverpool Harriers	Merseyside	41.59	13.58	15	49
18	84	Rebecca Bevan	Rossendale Harriers	Lancashire	42.10	14.03	16	50
19	88	Emily Radforth	Liverpool Harriers	Merseyside	43.10	14.32	18	65
20	90	Elle Roberts	Southport Waterloo AC	Merseyside	43.20	12.55	6	20
21	89	Lucy Griffiths	St Helens Sutton AC	Merseyside	43.25	15.47	26	85
22	79	Fiona Hockey	Blackpool Fylde & Wyre	Lancashire	43.51	14.40	21	70
23	63	Laura Nicholson	Warrington AC	Cheshire	43.54	14.27	17	61
24	72	Sarah Yates	Leigh Harriers	Greater Manchester	44.04	14.38	20	68
25	66	Emily Wood	West Cheshire	Cheshire	45.21	16.38	27	87
26	93	Maria McGoldrick	St Helens Sutton AC	Merseyside	45.43	14.37	19	67
27	69	Hannah Alderson	Bury AC	Greater Manchester	46.22	17.22	28	90
28	85	Chloe Law	Rossendale Harriers	Lancashire	47.16	14.50	23	75

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U13B**

LEG 1	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	36	William Parsons	Vale Royal	Cheshire	11.48	11.48	1	1
2	57	Tiarnan Crocken	Pendle AC	Lancashire	11.49	11.49	2	2
3	50	Deon Tierney	Preston Harriers	Lancashire	11.53	11.53	3	3
4	51	Adam Moorcroft	Liverpool Harriers	Merseyside	12.04	12.04	4	5
5	40	Cameron Waever	West Cheshire	Cheshire	12.11	12.11	5	6
6	44	George Lewis	East Cheshire & Tameside AC	Greater Manchester	12.14	12.14	6	8
7	47	Patrick Magner	Stockport H	Greater Manchester	12.18	12.18	7	9
8	38	Benji Mullarkey	Warrington AC	Cheshire	12.23	12.23	8	11
9	39	Kai Stewart	Warrington AC	Cheshire	12.27	12.27	9	12
10	35	Chris Larkin	Halton & Frodsham	Cheshire	12.29	12.29	10	16
11	48	Byron Abbott	Blackburn Harriers	Lancashire	12.34	12.34	11	17
12	58	Matthew Thompson	Pendle AC	Lancashire	12.38	12.38	12	18
13	54	Adam Woosey	St Helens Sutton AC	Merseyside	12.43	12.43	13	19
14	52	Ryan Doubtfire	Liverpool Harriers	Merseyside	12.45	12.45	14	21
15	46	Ethan Jones	Leigh Harriers	Greater Manchester	12.56	12.56	15	28
16	56	Ieuan Kearney	Wirral AC	Merseyside	13.00	13.00	16	30
17	49	Tom Matthews	Blackpool Fylde & Wyre	Lancashire	13.12	13.12	17	31
18	41	Tom Harrop	West Cheshire	Cheshire	14.50	14.50	18	47

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	51	Tom Rogerson	Liverpool Harriers	Merseyside	24.24	12.20	1	10
2	57	Luke Thompson	Pendle AC	Lancashire	24.32	12.43	4	19
3	36	Jacob Pantling	Vale Royal	Cheshire	24.38	12.50	5	22
4	40	Mark Lathan	West Cheshire	Cheshire	24.39	12.28	3	15
5	50	Adam Roberts	Preston Harriers	Lancashire	24.46	12.53	6	24
6	58	Morgan Ratcliffe	Pendle AC	Lancashire	25.06	12.28	2	14
7	38	Kiro Smithyman-H	Warrington AC	Cheshire	25.18	12.55	7	26
8	44	Shaun Alford	East Cheshire & Tameside AC	Greater Manchester	25.27	13.13	8	32
9	48	Kristian McInery	Blackburn Harriers	Lancashire	26.10	13.36	9	35
10	54	Joe Ford	St Helens Sutton AC	Merseyside	26.29	13.46	10	36
11	35	James Ennis	Halton & Frodsham	Cheshire	26.32	14.03	11	39
12	39	Ryan Dugdale	Warrington AC	Cheshire	27.12	14.45	16	46
13	52	Steven Jones	Liverpool Harriers	Merseyside	27.13	14.28	15	45
14	46	Mathew Lee	Leigh Harriers	Greater Manchester	27.15	14.19	14	44
15	49	Charles Shaw	Blackpool Fylde & Wyre	Lancashire	27.23	14.11	13	43
16	56	-	Wirral AC	Merseyside	27.55	14.55	17	48
17	41	Cameron Bradley	West Cheshire	Cheshire	28.55	14.05	12	41

# NORTH WEST COUNTIES ROAD RELAYS

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Sefton Park, Liverpool

**U13B**

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	57	Matthew Barnes	Pendle AC	Lancashire	36.45	12.13	2	7
2	51	Christian Wood	Liverpool Harriers	Merseyside	36.51	12.27	3	13
3	38	Jack Evans	Warrington AC	Cheshire	37.19	12.01	1	4
4	40	Joseph Morrison	West Cheshire	Cheshire	37.34	12.55	6	27
5	50	Andrew Moffatt	Preston Harriers	Lancashire	37.36	12.50	4	22
6	58	Thomas Marchant	Pendle AC	Lancashire	38.23	13.17	8	33
7	48	Harry Rushton	Blackburn Harriers	Lancashire	39.30	13.20	9	34
8	35	Billy Young	Halton & Frodsham	Cheshire	39.31	12.59	7	29
9	44	Ethan Hartshorne	East Cheshire & Tameside AC	Greater Manchester	39.32	14.05	13	41
10	49	Sam Matthews	Blackpool Fylde & Wyre	Lancashire	40.17	12.54	5	25
11	54	Joseph Walker	St Helens Sutton AC	Merseyside	40.22	13.53	10	37
12	39	James Dykes	Warrington AC	Cheshire	41.09	13.57	11	38
13	46	Callum Smith	Leigh Harriers	Greater Manchester	41.18	14.03	12	40
14	52	Charlie Sharp	Liverpool Harriers	Merseyside	42.51	15.38	15	50
15	41	Jack Johnson	West Cheshire	Cheshire	43.59	15.04	14	49

# NORTH WEST COUNTIES ROAD RELAYS

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Sefton Park, Liverpool

**U15B**

LEG 1	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest Lap	Fast Overall
1	105	Matt Wrigglesworth	Warrington AC	Cheshire	10.42	10.42	1	3
2	120	Paul Tyson	Liverpool Harriers	Merseyside	10.44	10.44	2	4
3	125	Matt Sheen	Vale Royal	Cheshire	10.55	10.55	3	5
4	116	Rory Judd	Preston Harriers	Lancashire	11.12	11.12	4	7
5	103	Dan Evans	Warrington AC	Cheshire	11.16	11.16	5	8
6	113	Robert Wong	Blackburn Harriers	Lancashire	11.21	11.21	6	11
7	123	Michael Panes	Southport Waterloo AC	Merseyside	11.32	11.32	7	13
8	108	Tom McGuinness	East Cheshire & Tameside AC	Greater Manchester	11.40	11.40	8	15
9	117	Fabrice Kisela	Preston Harriers	Lancashire	11.44	11.44	9	17
10	119	Sam Settle	Rosendale Harriers	Lancashire	11.51	11.51	10	22
11	112	Michael Sidebottom	Stockport H	Greater Manchester	11.59	11.59	11	24
12	114	Robert Buckley	Blackburn Harriers	Lancashire	12.01	12.01	12	26
13	104	Leighton Sharman	Warrington AC	Cheshire	12.01	12.01	12	26
14	106	Mark Hearn	West Cheshire	Cheshire	12.18	12.18	14	33
15	107	Benn Heywood	Bury AC	Greater Manchester	12.19	12.19	15	35
16	118	Robert Bryning	Preston Harriers	Lancashire	12.28	12.28	16	38
17	124	Darius Boardman	Pendle AC	Lancashire	12.45	12.45	17	42
18	121	Sean Keyes	Liverpool Harriers	Merseyside	12.48	12.48	18	43
19	122	Arron Pearson	St Helens Sutton AC	Merseyside	13.06	13.06	19	48
20	110	Dominic Howarth	Leigh Harriers	Greater Manchester	13.06	13.06	19	48
21	115	Declan Darnborough	Blackpool Fylde & Wyre	Lancashire	13.44	13.44	21	57

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest Lap	Fast Overall
1	116	Luke Penswick	Preston Harriers	Lancashire	22.19	11.07	1	6
2	125	Sam Whitehead	Vale Royal	Cheshire	22.25	11.30	2	12
3	113	Jack Hindle	Blackburn Harriers	Lancashire	23.08	11.47	4	19
4	105	Patrick Iredale	Warrington AC	Cheshire	23.25	12.43	13	41
5	119	Matthew Harris	Rosendale Harriers	Lancashire	23.41	11.50	5	20
6	117	Chris Durney	Preston Harriers	Lancashire	23.43	11.59	6	24
7	103	Chris Vance	Warrington AC	Cheshire	23.55	12.39	12	40
8	123	Luke Tyson	Southport Waterloo AC	Merseyside	23.56	12.24	10	36
9	112	Alex Minshull	Stockport H	Greater Manchester	24.07	12.08	7	29
10	120	Sam Milley	Liverpool Harriers	Merseyside	24.09	13.25	17	53
11	104	Dan Richardson	Warrington AC	Cheshire	24.18	12.17	9	32
12	124	Matthew Dutton	Pendle AC	Lancashire	24.26	11.41	3	16
13	106	Connor Norbury	West Cheshire	Cheshire	24.28	12.10	8	30
14	118	Daniel Whitlock	Preston Harriers	Lancashire	24.55	12.27	11	37
15	108	Max Hobson	East Cheshire & Tameside AC	Greater Manchester	24.59	13.19	15	51
16	121	Jamie Hemmingway	Liverpool Harriers	Merseyside	26.06	13.18	14	50
17	114	Killian Hamill	Blackburn Harriers	Lancashire	26.08	14.07	20	58
18	110	Jordan Smith	Leigh Harriers	Greater Manchester	26.30	13.24	16	52
19	122	Jonathon Causer	St Helens Sutton AC	Merseyside	26.44	13.38	19	55
20	115	Hayden Leybourne	Blackpool Fylde & Wyre	Lancashire	27.20	13.36	18	54

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U15B**

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest Lap	Fast Overall
1	116	Patrick Dever	Preston Harriers	Lancashire	32.54	10.35	2	2
2	125	Elliott Bowker	Vale Royal	Cheshire	32.56	10.31	1	1
3	103	Liam Burthem	Warrington AC	Cheshire	35.12	11.17	4	10
4	119	Calum Davidson	Rossendale Harriers	Lancashire	35.20	11.39	5	14
5	113	Robert Blow	Blackburn Harriers	Lancashire	35.26	12.18	11	34
6	117	James Salisbury	Preston Harriers	Lancashire	35.35	11.52	8	23
7	123	Andrew Kershaw	Southport Waterloo AC	Merseyside	35.41	11.45	6	18
8	124	James Marchant	Pendle AC	Lancashire	36.17	11.51	7	21
9	120	Jack Bowden	Liverpool Harriers	Merseyside	36.21	12.12	10	31
10	112	Jay Wood	Stockport H	Greater Manchester	36.42	12.35	12	39
11	118	Elliot Roberts	Preston Harriers	Lancashire	36.56	12.01	9	26
12	104	Robert Dykes	Warrington AC	Cheshire	37.06	12.48	13	43
13	106	Chris Harrop	West Cheshire	Cheshire	37.33	13.05	16	47
14	115	Jake Walley	Blackpool Fylde & Wyre	Lancashire	38.36	11.16	3	8
15	121	Ben Doyle	Liverpool Harriers	Merseyside	38.59	12.53	14	45
16	114	Andrew Rushton	Blackburn Harriers	Lancashire	39.07	12.59	15	46
17	110	Callum Rigg	Leigh Harriers	Greater Manchester	40.13	13.43	17	56

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U17W**

LEG 1	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	133	Katie Buckley	Bury AC	Greater Manchester	11.51	11.51	1	1
2	146	Kath Walker	Liverpool Harriers	Merseyside	12.29	12.29	2	4
3	130	Jade Evans	Vale Royal	Cheshire	12.45	12.45	3	7
4	150	Emily Kearney	Wirral AC	Merseyside	13.04	13.04	4	10
5	139	Rosa Chiptie Lowe	Stockport H	Greater Manchester	13.11	13.11	5	13
6	147	Rebecca Courtney	Liverpool Harriers	Merseyside	13.15	13.15	6	14
7	142	Jacinta Davison	Blackburn Harriers	Lancashire	13.16	13.16	7	15
8	149	Sophie Lewis	Southport Waterloo AC	Merseyside	13.35	13.35	8	20
9	131	Hannah Bishop	Vale Royal	Cheshire	13.37	13.37	9	21
10	145	Leah Williamson	Rossendale Harriers	Lancashire	13.40	13.40	10	23
11	138	Aimee Aikin	Stockport H	Greater Manchester	13.47	13.47	11	26
12	148	Katie Bowers Forlan	Liverpool Harriers	Merseyside	13.51	13.51	12	27
13	132	Rebecca Hirst	Vale Royal	Cheshire	13.56	13.56	13	33
14	134	Hayley Simpson	East Cheshire & Tameside AC	Greater Manchester	14.47	14.47	14	38

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	130	Ameillia Pettitt	Vale Royal	Cheshire	24.44	11.59	1	3
2	146	Riana Burton	Liverpool Harriers	Merseyside	25.01	12.32	2	5
3	150	Fiona Nuttall	Wirral AC	Merseyside	26.00	12.56	3	8
4	133	Alana Grundy	Bury AC	Greater Manchester	26.12	14.21	10	35
5	147	Rachel Mason	Liverpool Harriers	Merseyside	26.41	13.26	5	18
6	138	Imogen Nutter	Stockport H	Greater Manchester	26.57	13.10	4	12
7	142	Holly Ballantyne	Blackburn Harriers	Lancashire	27.08	13.52	9	29
8	149	Lauren Clarehugh	Southport Waterloo AC	Merseyside	27.14	13.39	6	22
9	131	Cerys Heaher	Vale Royal	Cheshire	27.18	13.41	7	24
10	148	Holly Barrett	Liverpool Harriers	Merseyside	27.37	13.46	8	25
11	139	Sarah Topping	Stockport H	Greater Manchester	27.50	14.39	11	37
12	132	Louise Towers	Vale Royal	Cheshire	29.02	15.06	13	41
13	145	Kathren Pegg	Rossendale Harriers	Lancashire	29.24	15.44	14	42
14	134	Hannah Davies	East Cheshire & Tameside AC	Greater Manchester	29.51	15.04	12	40

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	130	Jess McCormick	Vale Royal	Cheshire	36.39	11.55	1	2
2	146	Rebecca Donhue	Liverpool Harriers	Merseyside	38.55	13.54	10	31
3	150	Lauren Brett	Wirral AC	Merseyside	39.23	13.23	6	17
4	149	Charlotte Sinclair	Southport Waterloo AC	Merseyside	39.53	12.39	2	6
5	138	Nicola Berry	Stockport H	Greater Manchester	40.01	13.04	4	10
6	147	Olivia Perez	Liverpool Harriers	Merseyside	40.03	13.22	5	16
7	131	Emma Pyhatt	Vale Royal	Cheshire	40.17	12.59	3	9
8	142	Emily Fletcher	Blackburn Harriers	Lancashire	40.39	13.31	7	19
9	133	Caitlin Cole	Bury AC	Greater Manchester	40.50	14.38	13	36
10	148	Laura McCourt	Liverpool Harriers	Merseyside	41.32	13.55	11	32
11	139	Olivia Speed	Stockport H	Greater Manchester	41.43	13.53	9	30
12	132	Becky James	Vale Royal	Cheshire	42.53	13.51	8	27
13	145	Elizabeth Longshaw	Rossendale Harriers	Lancashire	43.25	14.01	12	34
14	134	Courtney Donald	East Cheshire & Tameside AC	Greater Manchester	44.39	14.48	14	39

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**U17M**

LEG 1	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	166	Matt Shirling	St Helens Sutton AC	Merseyside	17.36	17.36	1	1
2	163	Jamaine Coleman	Preston Harriers	Lancashire	18.03	18.03	2	3
3	157	Chris Middleton	East Cheshire & Tameside AC	Greater Manchester	18.19	18.19	3	4
4	120	Luke Towers	Liverpool Harriers	Merseyside	18.22	18.22	4	5
5	160	Kevin Acton	Stockport H	Greater Manchester	18.47	18.47	5	9
6	162	Ryab Scaicca	Chorley AC	Lancashire	18.59	18.59	6	11
7	161	Henry Poole	Blackpool Fylde & Wyre	Lancashire	19.00	19.00	7	12
8	154	Henry Buttress	Warrington AC	Cheshire	19.03	19.03	8	13
9	159	Liam Morne	Leigh Harriers	Greater Manchester	19.08	19.08	9	15
10	168	Richard Evans	Wirral AC	Merseyside	19.16	19.16	10	16
11	151	M Vennard	Vale Royal	Cheshire	19.19	19.19	11	18
12	152	Jay Ayre	Vale Royal	Cheshire	19.28	19.28	12	22
13	121	Chris Manning	Liverpool Harriers	Merseyside	19.28	19.28	12	22
14	155	Chris Smith	Warrington AC	Cheshire	19.49	19.49	14	28
15	167	Lian Ellis	Southport Waterloo AC	Merseyside	19.52	19.52	15	29
16	156	Nathan Milligan	Bury AC	Greater Manchester	20.33	20.33	16	38
17	169	Richard McGeachie	Halton & Frodsham	Cheshire	22.58	22.58	17	46

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	120	Owen Sharpe	Liverpool Harriers	Merseyside	36.54	18.32	1	6
2	157	Joe Steward	East Cheshire & Tameside AC	Greater Manchester	37.02	18.43	2	8
3	163	Jack Ellis	Preston Harriers	Lancashire	37.30	19.27	6	21
4	154	Matthew Hulse	Warrington AC	Cheshire	38.09	19.06	3	14
5	151	L Cogleron	Vale Royal	Cheshire	38.43	19.24	5	20
6	121	Callum Grant	Liverpool Harriers	Merseyside	38.44	19.16	4	16
7	160	Simon Chawick	Stockport H	Greater Manchester	38.47	20.00	8	31
8	159	Adam Howarth	Leigh Harriers	Greater Manchester	39.15	20.07	10	33
9	168	Nathon Schofield	Wirral AC	Merseyside	39.17	20.01	9	32
10	152	P Stradling	Vale Royal	Cheshire	39.40	20.12	11	34
11	161	Sean Kelly	Blackpool Fylde & Wyre	Lancashire	39.58	20.58	13	42
12	162	Joe Ellison	Chorley AC	Lancashire	40.00	21.01	14	43
13	155	David Gant	Warrington AC	Cheshire	40.06	20.17	12	36
14	156	Bryn Davies	Bury AC	Greater Manchester	40.30	19.57	7	30
15	167	Johnathon Forster	Southport Waterloo AC	Merseyside	41.04	21.12	15	44

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	120	Jack Christie	Liverpool Harriers	Merseyside	54.44	17.50	1	2
2	157	Jack Donnelly	East Cheshire & Tameside AC	Greater Manchester	56.25	19.23	4	19
3	154	Jack Gleave	Warrington AC	Cheshire	56.45	18.36	2	7
4	163	Kingsley Judd	Preston Harriers	Lancashire	57.15	19.45	8	27
5	151	Z Bamber	Vale Royal	Cheshire	57.31	18.48	3	10
6	121	Kristian Quirk	Liverpool Harriers	Merseyside	58.29	19.45	7	26
7	160	Robert Ward	Stockport H	Greater Manchester	59.20	20.33	11	39
8	159	Adam Jamson	Leigh Harriers	Greater Manchester	59.30	20.15	9	35
9	162	Adam Scaicca	Chorley AC	Lancashire	59.44	19.44	6	25
10	168	Kirean Morgan	Wirral AC	Merseyside	59.58	20.41	12	40
11	167	Niall Cullen	Southport Waterloo AC	Merseyside	60.37	19.33	5	24
12	161	Mike Rietdyk	Blackpool Fylde & Wyre	Lancashire	60.54	20.56	13	41
13	156	Jack Brown	Bury AC	Greater Manchester	60.57	20.27	10	37
14	152	M Jakeman	Vale Royal	Cheshire	62.10	22.30	14	45
15	155	David Gerrard	Warrington AC	Cheshire	64.03	23.57	15	47

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**IW&SW**

LEG	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	182	Jess Coulson	Stockport H	Greater Manchester	17.50	17.50	1	1
2	206	Amanda Crooke	Southport Waterloo AC	Merseyside	19.23	19.23	2	3
3	211	Caroline Betmead	Blackpool Fylde & Wyre	Lancashire	19.24	19.24	3	4
4	178	Bev Jenkins	Salford Harriers	Greater Manchester	19.39	19.39	4	6
5	183	Carla Stansfield	Stockport H	Greater Manchester	19.58	19.58	5	8
6	172	Megan Huxley	Vale Royal	Cheshire	20.15	20.15	6	9
7	176	Laura Riches	Leigh Harriers	Guest	20.19	20.19	7	10
8	192	Nicola Jacskon	Preston Harriers	Lancashire	20.37	20.37	8	11
9	171	Sarah Harris	Macclesfield Harriers	Cheshire	20.42	20.42	9	12
10	209	Sarah Kearney	Wirral AC	Merseyside	20.58	20.58	10	14
11	210	Katie Geelan	Bury AC	Greater Manchester	21.22	21.22	11	19
12	194	Helen Lawrenson	Wesham RR	Lancashire	21.27	21.27	12	20
13	187	Beckie Taylor	Blackburn Harriers	Lancashire	21.30	21.30	13	21
14	175	Holly Teague	East Cheshire & Tameside AC	Greater Manchester	21.52	21.52	14	24
15	200	Charlotte Wilson	Liverpool Harriers	Merseyside	22.00	22.00	15	28
16	199	Laura Murphy	Liverpool Harriers	Merseyside	22.17	22.17	16	32
17	170	Kirsty Seddon	Cheshire Tri	Cheshire	22.43	22.43	17	37
18	188	Charlotte Atkinson	Blackburn Harriers	Lancashire	22.46	22.46	18	38
19	207	Jenny Girdle	Southport Waterloo AC	Merseyside	22.51	22.51	19	40
20	189	Melanie Koth	Lytham St Annes	Lancashire	23.00	23.00	20	42
21	193	Clare McDermott	Preston Harriers	Lancashire	23.06	23.06	21	45
22	179	L Nash	Salford Harriers	Greater Manchester	23.12	23.12	22	46
23	205	Julie Pennington	St Helens Sutton AC	Merseyside	23.33	23.33	23	50
24	202	Natalie Cooper	Penny Lane Striders	Merseyside	23.38	23.38	24	53
25	198	Vickie Cooper	Liverpool Harriers	Merseyside	24.11	24.11	25	57
26	173	Joh Denny	Vale Royal	Cheshire	24.39	24.39	26	64
27	204	Gill Darby	Penny Lane Striders	Merseyside	25.15	25.15	27	70
28	203	Ellie Darby	Penny Lane Striders	Merseyside	25.27	25.27	28	72
29	180	C Broderick	Salford Harriers	Greater Manchester	25.31	25.31	29	73
30	190	Pam Hardman	Lytham St Annes	Lancashire	27.09	27.09	30	86
31	208	Alison Engle	Wallasey AC	Merseyside	27.20	27.20	31	88
32	191	Dawn Locke	Lytham St Annes	Lancashire	35.56	35.56	32	93

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**IW&SW**

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	182	Carmen Anthony	Stockport H	Greater Manchester	38.54	21.04	1	15
2	211	Bianca Pedersen	Blackpool Fylde & Wyre	Lancashire	40.33	21.09	2	17
3	206	Tracy Peters	Southport Waterloo AC	Merseyside	41.28	22.05	8	30
4	176	Abigail Howarth	Leigh Harriers	Guest	41.29	21.10	3	18
5	178	T Hernandez	Salford Harriers	Greater Manchester	42.21	22.42	10	36
6	192	Philippa Walsh	Preston Harriers	Lancashire	42.41	22.04	7	29
7	187	Katie Trickett	Blackburn Harriers	Lancashire	43.25	21.55	4	25
8	209	Charlotte O'Connell	Wirral AC	Merseyside	43.34	22.36	9	35
9	175	Sally Ratcliffe	East Cheshire & Tameside AC	Greater Manchester	43.49	21.57	5	26
10	200	Hannah Whiteside	Liverpool Harriers	Merseyside	43.59	21.59	6	27
11	172	Kathy Stringer	Vale Royal	Cheshire	44.20	24.05	14	54
12	194	Sarah Sherratt	Wesham RR	Lancashire	44.29	23.02	12	43
13	183	Lewice Harrison	Stockport H	Greater Manchester	45.22	25.24	22	71
14	170	Kate Litherland	Cheshire Tri	Cheshire	45.45	23.02	13	44
15	171	Barbara Murray	Macclesfield Harriers	Cheshire	45.49	25.07	21	68
16	193	Marian Hesketh	Preston Harriers	Lancashire	45.58	22.52	11	41
17	210	Lucy Hodson	Bury AC	Greater Manchester	46.09	24.47	18	65
18	199	Laura Stanley	Liverpool Harriers	Merseyside	46.37	24.20	16	61
19	189	Linda Baxter	Lytham St Annes	Lancashire	47.58	24.58	19	66
20	202	Jane Eardley	Penny Lane Striders	Merseyside	48.42	25.04	20	67
21	188	Rachel Leech	Blackburn Harriers	Lancashire	49.04	26.18	25	76
22	179	D Wakefield	Salford Harriers	Greater Manchester	49.09	25.57	24	75
23	207	Steph James	Southport Waterloo AC	Merseyside	49.37	26.46	27	82
24	180	A Sanders	Salford Harriers	Greater Manchester	49.45	24.14	15	59
25	203	Jane Hallows	Penny Lane Striders	Merseyside	49.48	24.21	17	62
26	173	Stephanie Jakeman	Vale Royal	Cheshire	50.23	25.44	23	74
27	198	Karen Daulby	Liverpool Harriers	Merseyside	50.33	26.22	26	78
28	204	Michelle Coborn	Penny Lane Striders	Merseyside	52.28	27.13	29	87
29	205	Jayne Ashcroft	St Helens Sutton AC	Merseyside	53.15	29.42	31	92
30	190	Fiona Geldard	Lytham St Annes	Lancashire	54.03	26.54	28	83
31	208	Jane Vick	Wallasey AC	Merseyside	56.23	29.03	30	91

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**IW&SW**

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	182	Elle Baker	Stockport H	Greater Manchester	56.50	17.56	1	2
2	176	Louisa Thompson	Leigh Harriers	Guest	61.11	19.42	3	7
3	178	H Kuter	Salford Harriers	Greater Manchester	61.47	19.26	2	5
4	211	Bev Wright	Blackpool Fylde & Wyre	Lancashire	62.11	21.38	7	23
5	192	Gemma Adams	Preston Harriers	Lancashire	63.45	21.04	5	16
6	187	Rachel Wood	Blackburn Harriers	Lancashire	64.18	20.53	4	13
7	206	Rachel Jacks	Southport Waterloo AC	Merseyside	65.03	23.35	16	52
8	172	Kate Howard	Vale Royal	Cheshire	65.54	21.34	6	22
9	200	Michelle Murphy	Liverpool Harriers	Merseyside	66.04	22.05	8	30
10	175	Katie Reynolds	East Cheshire & Tameside AC	Greater Manchester	66.15	22.26	9	33
11	209	Amiee Bartley	Wirral AC	Merseyside	66.52	23.18	13	48
12	193	Lindsay Berends	Preston Harriers	Lancashire	68.25	22.27	10	34
13	194	Kath Hoyer	Wesham RR	Lancashire	68.42	24.13	19	58
14	210	Alison Walsh	Bury AC	Greater Manchester	68.59	22.50	11	39
15	170	Rebecca Holland	Cheshire Tri	Cheshire	69.20	23.35	15	51
16	171	Rachel Pheeth	Macclesfield Harriers	Cheshire	69.59	24.10	18	56
17	199	Sarah Jackson	Liverpool Harriers	Merseyside	70.03	23.26	14	49
18	183	Estelle Chapman	Stockport H	Greater Manchester	71.49	26.27	24	79
19	202	Pamela Thurtle	Penny Lane Striders	Merseyside	71.57	23.15	12	47
20	189	Laura Ashworth	Lytham St Annes	Lancashire	72.16	24.18	20	60
21	188	Becky Shurrock	Blackburn Harriers	Lancashire	73.11	24.07	17	55
22	179	D Hooper	Salford Harriers	Greater Manchester	73.38	24.29	21	63
23	207	Louise Leek	Southport Waterloo AC	Merseyside	75.57	26.20	23	77
24	203	Tarja Kinnunen	Penny Lane Striders	Merseyside	76.20	26.32	25	80
25	173	Sacha Humphries	Vale Royal	Cheshire	77.28	27.05	27	84
26	204	Donna Jaquest	Penny Lane Striders	Merseyside	77.38	25.10	22	69
27	180	R Bardsley	Salford Harriers	Greater Manchester	78.46	29.01	30	90
28	205	Cherryl Orrick	St Helens Sutton AC	Merseyside	79.51	26.36	26	81
29	190	Gill Murphy	Lytham St Annes	Lancashire	82.09	28.06	29	89
30	208	Lisa Carney	Wallasey AC	Merseyside	83.29	27.06	28	85

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**Senior Men**

LEG 1	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	416	Joe Bailey	Salford Harriers	Greater Manchester	16.06	16.06	1	1
2	462	James Tartt	Southport Waterloo AC	Merseyside	16.42	16.42	2	4
3	423	Tom Charles	Trafford AC	Greater Manchester	16.43	16.43	3	5
4	447	Daniel Cliffe	Liverpool Harriers	Cheshire	16.47	16.47	4	6
5	429	Stuart Robinson	Blackpool Fylde & Wyre	Lancashire	16.50	16.50	5	8
6	408	Damian Nicholls	Wilmslow AC	Cheshire	17.03	17.03	6	9
7	472	Ricky Challinor	Liverpool Harriers	Merseyside	17.10	17.10	7	12
8	426	Karl Billington	Blackburn Harriers	Lancashire	17.16	17.16	8	14
9	417	Dan McGrath	Salford Harriers	Greater Manchester	17.18	17.18	9	15
10	434	Luke Betts	Chorley AC	Lancashire	17.20	17.20	10	16
11	438	Chris Fell	Rossendale Harriers	Lancashire	17.24	17.24	11	19
12	421	Jack Morris	Stockport H	Greater Manchester	17.28	17.28	12	24
13	420	Dan James	Stockport H	Greater Manchester	17.31	17.31	13	26
14	459	John Ashcroft	St Helens Sutton AC	Merseyside	17.34	17.34	14	27
15	448	Bernie Murphy	Liverpool Pembroke & Sefton H	Merseyside	17.35	17.35	15	29
16	406	Luke Johnston	Warrington AC	Cheshire	17.37	17.37	16	31
17	415	Phil Leybourne	Salford Harriers	Lancashire	17.44	17.44	17	32
18	402	-	Vale Royal	Cheshire	17.46	17.46	18	34
19	463	Patrick Vis	Southport Waterloo AC	Merseyside	18.00	18.00	19	43
20	443	Nathan Vengdasalam	Liverpool Harriers	Merseyside	18.04	18.04	20	45
21	413	Liam Thompson	Leigh Harriers	Greater Manchester	18.08	18.08	21	48
22	468	Xavier Desse	Wirral AC	Merseyside	18.10	18.10	22	51
23	407	Sam Dykes	Warrington AC	Cheshire	18.25	18.25	23	58
24	445	Laurie Luscombe	Liverpool Harriers	Merseyside	18.26	18.26	24	59
25	410	Joe Hudak	East Cheshire & Tameside AC	Greater Manchester	18.31	18.31	25	61
26	414	Tom Knellor	Leigh Harriers	Greater Manchester	18.40	18.40	26	65
27	452	Mark Clair	Liverpool Running Club	Merseyside	18.42	18.42	27	67
28	451	Rob Bland	Liverpool Pembroke & Sefton H	Lancashire	18.51	18.51	28	74
29	424	John Rowe	Trafford AC	Greater Manchester	18.56	18.56	29	77
30	427	Robert Warner	Blackburn Harriers	Lancashire	18.58	18.58	30	80
31	409	Alex Foster	Astley & Tyldsley	Greater Manchester	19.00	19.00	31	81
32	444	Rob Dewhurst	Liverpool Harriers	Merseyside	19.02	19.02	32	85
33	440	Alex Rowe	Wesham RR	Lancashire	19.03	19.03	33	88
34	458	Nathan Brown	St Helens Sutton AC	Cheshire	19.08	19.08	34	91
35	418	Paul Birkett	Salford Harriers	Greater Manchester	19.14	19.14	35	99
36	430	Adam Weightman	Blackpool Fylde & Wyre	Lancashire	19.31	19.31	36	112
37	473	Ian Palin	Liverpool Running Club	Merseyside	19.38	19.38	37	115
38	454	Carl Wright	Penny Lane Striders	Merseyside	19.41	19.41	38	116
39	465	Rob Ashworth	Southport Waterloo AC	Merseyside	19.45	19.45	39	120
40	455	Neil Kelly	Penny Lane Striders	Merseyside	19.52	19.52	40	128
41	401	Chris Marshall	Cheshire Tri	Cheshire	19.55	19.55	41	131
42	435	Joe Greenwood	Lytham St Annes	Lancashire	20.00	20.00	42	134
43	470	Neil Garnett	Spectrum Striders	Cheshire	20.03	20.03	43	138
44	453	Paul Skaife	Mossley Hill AC	Merseyside	20.07	20.07	44	143
45	412	Liam Browne	East Cheshire & Tameside AC	Greater Manchester	20.10	20.10	45	146
46	446	Anthony Clarke	Liverpool Harriers	Merseyside	20.32	20.32	46	156
47	464	Tom Peacock	Southport Waterloo AC	Merseyside	20.42	20.42	47	165
48	467	Matt Williams	Wallasey AC	Merseyside	20.47	20.47	48	168
49	474	Mike Clayton	Liverpool Running Club	Merseyside	20.52	20.52	49	170
50	411	Mark Bradley	East Cheshire & Tameside AC	Greater Manchester	21.08	21.08	50	171
51	419	Dave Shaw	Salford Harriers	Greater Manchester	21.27	21.27	51	179
52	456	Martin Hirrell	Penny Lane Striders	Merseyside	21.33	21.33	52	180
53	441	Mark Midgley	Wesham RR	Lancashire	21.50	21.50	53	187
54	436	Terry Hellings	Lytham St Annes	Lancashire	22.01	22.01	54	192
55	449	Kevin Carroll	Liverpool Pembroke & Sefton H	Mixed	22.11	22.11	55	196
56	442	Chris Whitlock	Wesham RR	Lancashire	22.32	22.32	56	199
57	428	Richard Taylor	Blackburn Harriers	Lancashire	22.44	22.44	57	201
58	471	Andy Garnett	Spectrum Striders	Cheshire	22.46	22.46	58	202
59	432	David Brooks	Blackpool Fylde & Wyre	Lancashire	23.42	23.42	59	211
60	431	Derek Crane	Blackpool Fylde & Wyre	Lancashire	24.17	24.17	60	216

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**Senior Men**

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61	460	-	St Helens Sutton AC	Merseyside	24.36	24.36	61	218
62	437	Tony Rudd	Lytham St Annes	Lancashire	26.12	26.12	62	228

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## NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**Senior Men**

LEG 2	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	416	Andi Jones	Salford Harriers	Greater Manchester	32.21	16.15	1	2
2	447	Matt Jackson	Liverpool Harriers	Cheshire	33.36	16.49	2	7
3	462	Joe Vis	Southport Waterloo AC	Merseyside	34.18	17.36	7	30
4	429	Luke Minns	Blackpool Fylde & Wyre	Lancashire	34.39	17.49	8	36
5	423	James Bleakley	Trafford AC	Greater Manchester	34.41	17.58	12	42
6	415	Josh Tighe	Salford Harriers	Lancashire	34.52	17.08	3	11
7	420	James Scott Buccleugh	Stockport H	Greater Manchester	34.54	17.23	5	18
8	406	Dominc Mahon	Warrington AC	Cheshire	35.12	17.35	6	28
9	417	Dave Lockett	Salford Harriers	Greater Manchester	35.15	17.57	11	41
10	410	Simon Horsfield	East Cheshire & Tameside AC	Greater Manchester	35.51	17.20	4	17
11	443	Alan Ashton	Liverpool Harriers	Merseyside	35.58	17.54	9	38
12	426	Dominic Walton	Blackburn Harriers	Lancashire	36.00	18.44	20	69
13	402	-	Vale Royal	Cheshire	36.10	18.24	17	57
14	408	Tom McGaff	Wilmslow AC	Cheshire	36.11	19.08	25	91
15	448	Mike Bride	Liverpool Pembroke & Sefton H	Merseyside	36.14	18.39	18	64
16	413	Tony Battersby	Leigh Harriers	Greater Manchester	36.31	18.23	16	56
17	459	Jamie Webb	St Helens Sutton AC	Merseyside	36.38	19.04	24	89
18	463	Gerry Lenehan	Southport Waterloo AC	Merseyside	36.43	18.43	19	68
19	421	Phil Burns	Stockport H	Greater Manchester	36.44	19.16	27	101
20	451	Ian Roberts	Liverpool Pembroke & Sefton H	Lancashire	36.45	17.54	10	39
21	434	Mike Chalfont	Chorley AC	Lancashire	36.46	19.26	29	108
22	438	Anthony Dalton	Rossendale Harriers	Lancashire	36.58	19.34	30	113
23	424	Craig Wheeler	Trafford AC	Greater Manchester	37.10	18.14	15	54
24	444	Tom Michaelson	Liverpool Harriers	Merseyside	37.12	18.10	14	50
25	452	Ian Magill	Liverpool Running Club	Merseyside	37.37	18.55	22	76
26	407	Paul Dodsworth	Warrington AC	Cheshire	37.38	19.13	26	98
27	409	Colin Rigby	Astley & Tyldsley	Greater Manchester	37.47	18.47	21	72
28	454	Martin Swensson	Penny Lane Striders	Merseyside	37.50	18.09	13	49
29	468	Kevin Buxton	Wirral AC	Merseyside	38.02	19.52	35	129
30	418	Mike Grace	Salford Harriers	Greater Manchester	38.14	19.00	23	81
31	414	Phil Williams	Leigh Harriers	Greater Manchester	38.26	19.46	33	123
32	445	Ray Cole	Liverpool Harriers	Merseyside	38.30	20.04	37	140
33	458	Mark Davies	St Helens Sutton AC	Cheshire	38.53	19.45	32	121
34	427	Gary Pearce	Blackburn Harriers	Lancashire	39.07	20.09	39	145
35	430	Chris Lloyd	Blackpool Fylde & Wyre	Lancashire	39.29	19.58	36	133
36	440	Gary Debanke	Wesham RR	Lancashire	39.42	20.39	42	162
37	435	Andy Draper	Lytham St Annes	Lancashire	39.47	19.47	34	124
38	473	Brad Warburton	Liverpool Running Club	Merseyside	39.55	20.17	40	150
39	467	Carl Pickstock	Wallasey AC	Merseyside	40.07	19.20	28	105
40	401	Gary House	Cheshire Tri	Cheshire	40.24	20.29	41	154
41	470	Kenny Forster	Spectrum Striders	Cheshire	40.49	20.46	44	167
42	455	Tony Mann	Penny Lane Striders	Merseyside	41.08	21.16	46	173
43	419	Dale Daniels	Salford Harriers	Greater Manchester	41.09	19.42	31	119
44	411	Phil Jacques	East Cheshire & Tameside AC	Greater Manchester	41.12	20.04	38	141
45	446	Sion Wynne-Williams	Liverpool Harriers	Merseyside	41.13	20.41	43	164
46	464	Phil Bailey	Southport Waterloo AC	Merseyside	41.29	20.47	45	168
47	412	John Bowker	East Cheshire & Tameside AC	Greater Manchester	42.02	21.52	50	188
48	453	Ian Williams	Mossley Hill AC	Merseyside	42.08	22.01	52	192
49	456	Stephen McNicholas	Penny Lane Striders	Merseyside	43.26	21.53	51	189
50	436	Roy Upton	Lytham St Annes	Lancashire	43.36	21.35	48	181
51	449	Peter Gaskell	Liverpool Pembroke & Sefton H	Mixed	43.52	21.41	49	183
52	441	Alan Glasgow	Wesham RR	Lancashire	44.18	22.28	53	197
53	460	-	St Helens Sutton AC	Merseyside	45.52	21.16	47	174
54	428	John Cookson	Blackburn Harriers	Lancashire	46.11	23.27	54	210
55	471	Geoff Reid	Spectrum Striders	Cheshire	46.46	24.00	55	213
56	432	Dave Dyson	Blackpool Fylde & Wyre	Lancashire	48.06	24.24	56	217
57	442	Finlay McCalman	Wesham RR	Lancashire	48.34	26.02	58	226
58	431	Bob Newman	Blackpool Fylde & Wyre	Lancashire	49.07	24.50	57	219

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**Senior Men**

LEG 3	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	416	Nathan Kilcourse	Salford Harriers	Greater Manchester	49.32	17.11	2	13
2	447	Steve Broadhurst	Liverpool Harriers	Cheshire	51.03	17.27	3	22
3	420	Steve Vernon	Stockport H	Greater Manchester	51.11	16.17	1	3
4	462	Richard Shearer	Southport Waterloo AC	Merseyside	52.12	17.54	6	37
5	423	Ben Martin	Trafford AC	Greater Manchester	52.55	18.14	9	54
6	406	Liam Renton	Warrington AC	Cheshire	52.59	17.47	5	35
7	429	Steve Waterhouse	Blackpool Fylde & Wyre	Lancashire	53.20	18.41	11	66
8	443	Ian Lawton	Liverpool Harriers	Merseyside	53.28	17.30	4	25
9	417	Dave Hudson	Salford Harriers	Greater Manchester	54.04	18.49	13	73
10	413	Neil Pendibury	Leigh Harriers	Greater Manchester	54.34	18.03	8	44
11	402	-	Vale Royal	Cheshire	54.48	18.38	10	63
12	410	Jake Littlehales	East Cheshire & Tameside AC	Greater Manchester	54.53	19.02	17	85
13	438	Grant Cunliffe	Rossendale Harriers	Lancashire	54.55	17.57	7	40
14	448	Ben Costello	Liverpool Pembroke & Sefton H	Merseyside	54.59	18.45	12	70
15	415	Trevor Rayner	Salford Harriers	Lancashire	55.03	20.11	31	149
16	426	David Thornton	Blackburn Harriers	Lancashire	55.18	19.18	22	103
17	451	Sean Kirkbride	Liverpool Pembroke & Sefton H	Lancashire	55.58	19.13	19	96
18	444	Paul Quine	Liverpool Harriers	Merseyside	56.12	19.00	16	81
19	459	Barry Grainey	St Helens Sutton AC	Merseyside	56.27	19.49	27	126
20	408	Ray Eagles	Wilmslow AC	Cheshire	56.32	20.21	34	153
21	463	Matt Goddard	Southport Waterloo AC	Merseyside	56.46	20.03	29	138
22	454	James McNally	Penny Lane Striders	Merseyside	56.46	18.56	14	77
23	407	Matt Ponifex	Warrington AC	Cheshire	56.55	19.17	21	102
24	409	Alan Hilton	Astley & Tyldsley	Greater Manchester	57.13	19.26	25	109
25	468	Peter Scarratt	Wirral AC	Merseyside	57.15	19.13	19	96
26	418	Billy McCartney	Salford Harriers	Greater Manchester	57.24	19.10	18	94
27	452	Dan Ankrah	Liverpool Running Club	Merseyside	58.09	20.32	37	158
28	458	Ian Costello	St Helens Sutton AC	Cheshire	58.51	19.58	28	132
29	467	Greg Jones	Wallasey AC	Merseyside	59.04	18.57	15	79
30	435	Sam Banner	Lytham St Annes	Lancashire	59.16	19.29	26	111
31	430	Luke Berry	Blackpool Fylde & Wyre	Lancashire	59.35	20.06	30	142
32	414	Ryan Butler	Leigh Harriers	Greater Manchester	59.45	21.19	39	175
33	421	Nigel Harrison	Stockport H	Greater Manchester	59.57	23.13	48	206
34	434	Henry Minerczyk	Chorley AC	Lancashire	60.12	23.26	50	209
35	473	Carl Mountain	Liverpool Running Club	Merseyside	60.13	20.18	32	151
36	445	Martin Bateman	Liverpool Harriers	Merseyside	60.14	21.44	43	185
37	411	John Slone	East Cheshire & Tameside AC	Greater Manchester	60.32	19.20	23	106
38	427	Steve Foley	Blackburn Harriers	Lancashire	60.33	21.26	40	178
39	419	Callum Corneilli	Salford Harriers	Greater Manchester	60.35	19.26	24	107
40	470	Julian Spencer	Spectrum Striders	Cheshire	61.09	20.20	33	152
41	440	Gary Moore	Wesham RR	Lancashire	61.18	21.36	41	182
42	455	Simone Capponi	Penny Lane Striders	Merseyside	61.40	20.32	36	156
43	446	Eddie Devlin	Liverpool Harriers	Merseyside	61.44	20.31	35	155
44	464	Gareth Williams	Southport Waterloo AC	Merseyside	62.05	20.36	38	161
45	401	Aaron Riley	Cheshire Tri	Cheshire	62.08	21.44	42	184
46	453	John Steele	Mossley Hill AC	Merseyside	64.37	22.29	46	198
47	456	Mal Balmer	Penny Lane Striders	Merseyside	65.32	22.06	44	194
48	449	Mark Bleasdale	Liverpool Pembroke & Sefton H	Mixed	66.02	22.10	45	195
49	436	Roy Stevens	Lytham St Annes	Lancashire	67.40	24.04	51	214
50	460	-	St Helens Sutton AC	Merseyside	68.58	23.06	47	204
51	441	David Waywell	Wesham RR	Lancashire	69.11	24.53	53	220
52	428	Peter Lynch	Blackburn Harriers	Lancashire	70.17	24.06	52	215
53	431	Terry Bradshaw	Blackpool Fylde & Wyre	Lancashire	72.21	23.14	49	207
54	471	Barry Allman	Spectrum Striders	Cheshire	72.38	25.52	55	224
55	432	Tony Airnes	Blackpool Fylde & Wyre	Lancashire	73.45	25.39	54	223
56	442	Peter Cooke	Wesham RR	Lancashire	74.41	26.07	56	227

# NORTH WEST COUNTIES ROAD RELAYS

Saturday, 17 September 2011

Sefton Park, Liverpool

**Senior Men**

LEG 4	Bib	Athlete	Club	County	Team Time	Ind. Time	Fastest on Lap	Fast Overall
1	416	Rob Hughes	Salford Harriers	Greater Manchester	66.58	17.26	3	21
2	420	Andrew Nixon	Stockport H	Greater Manchester	68.14	17.03	1	9
3	447	James Horman	Liverpool Harriers	Cheshire	68.27	17.24	2	19
4	462	Ben Johnson	Southport Waterloo AC	Merseyside	69.57	17.45	5	33
5	423	Tim Egerton	Trafford AC	Greater Manchester	70.22	17.27	4	23
6	406	Adrian Timmins	Warrington AC	Cheshire	71.06	18.07	7	47
7	443	Glen Groves	Liverpool Harriers	Merseyside	71.33	18.05	6	46
8	429	Andy Woodward	Blackpool Fylde & Wyre	Lancashire	71.50	18.30	10	60
9	413	Tommy Henderson	Leigh Harriers	Greater Manchester	72.47	18.13	8	52
10	402	-	Vale Royal	Cheshire	73.01	18.13	9	53
11	417	Phil West	Salford Harriers	Greater Manchester	73.15	19.11	18	95
12	426	John Sutton	Blackburn Harriers	Lancashire	73.52	18.34	11	62
13	410	Gary Matthews	East Cheshire & Tameside AC	Greater Manchester	74.01	19.08	17	93
14	438	Andrew Fell	Rossendale Harriers	Lancashire	74.36	19.41	23	117
15	415	Gary Pendlebury	Salford Harriers	Lancashire	74.50	19.47	26	124
16	448	Greg Callaghan	Liverpool Pembroke & Sefton H	Merseyside	74.52	19.53	28	130
17	408	Graham McNeil	Wilmslow AC	Cheshire	75.25	18.53	13	75
18	463	Steve Wilkinson	Southport Waterloo AC	Merseyside	75.46	19.00	14	81
19	444	Lee Midghall	Liverpool Harriers	Merseyside	75.53	19.41	23	117
20	454	John Connolly	Penny Lane Striders	Merseyside	76.00	19.14	19	99
21	418	Howard Mead	Salford Harriers	Greater Manchester	76.10	18.46	12	71
22	451	John Wealthy	Liverpool Pembroke & Sefton H	Lancashire	76.38	20.40	37	163
23	407	Richard Park	Warrington AC	Cheshire	76.56	20.01	31	137
24	409	Shaun Moran	Astley & Tyldsley	Greater Manchester	76.59	19.46	25	122
25	459	Mark Liptrot	St Helens Sutton AC	Merseyside	77.01	20.34	35	159
26	452	Liam Walsh	Liverpool Running Club	Merseyside	77.44	19.35	22	114
27	467	Connor McArdle	Wallasey AC	Merseyside	78.06	19.02	15	85
28	414	Jimmy Corke	Leigh Harriers	Greater Manchester	79.12	19.27	21	110
29	468	Mark Morris	Wirral AC	Merseyside	79.15	22.00	44	191
30	421	Adrian Nutter	Stockport H	Greater Manchester	79.16	19.19	20	104
31	445	Gareth Howell	Liverpool Harriers	Merseyside	79.20	19.06	16	90
32	435	Graham Webster	Lytham St Annes	Lancashire	79.26	20.10	33	147
33	473	Rob Kelly	Liverpool Running Club	Merseyside	80.14	20.01	30	136
34	419	Sean Cordle	Salford Harriers	Greater Manchester	80.46	20.11	34	148
35	430	Stuart Williams	Blackpool Fylde & Wyre	Lancashire	80.59	21.24	41	177
36	440	Steve Myerscough	Wesham RR	Lancashire	81.09	19.51	27	127
37	411	Steve Robinson	East Cheshire & Tameside AC	Greater Manchester	81.16	20.44	38	166
38	458	Ian Pass	St Helens Sutton AC	Cheshire	81.45	22.54	46	203
39	455	Nigel Grant	Penny Lane Striders	Merseyside	81.48	20.08	32	144
40	427	Danny Maynard	Blackburn Harriers	Lancashire	81.57	21.24	40	176
41	446	Simon Marriott	Liverpool Harriers	Merseyside	82.19	20.35	36	160
42	470	Steve Martin	Spectrum Striders	Cheshire	82.56	21.47	42	186
43	464	Alex Holt	Southport Waterloo AC	Merseyside	84.01	21.56	43	190
44	401	Nick Eastwood	Cheshire Tri	Cheshire	84.43	22.35	45	200
45	434	Mario Sciacca	Chorley AC	Lancashire	85.11	24.59	51	222
46	453	Dominic Cooper	Mossley Hill AC	Merseyside	85.50	21.13	39	172
47	456	Andy Keeley	Penny Lane Striders	Merseyside	90.30	24.58	50	221
48	436	Colin Nelson	Lytham St Annes	Lancashire	91.02	23.22	48	208
49	441	Alan Taylor	Wesham RR	Lancashire	92.18	23.07	47	205
50	442	Peter Bartlett	Wesham RR	Lancashire	94.41	20.00	29	134
51	460	-	St Helens Sutton AC	Merseyside	95.33	26.35	53	229
52	471	Mick Charman	Spectrum Striders	Cheshire	96.23	23.45	49	212
53	432	Tony Croft	Blackpool Fylde & Wyre	Lancashire	99.38	25.53	52	225
54	431	Norman Greenwood	Blackpool Fylde & Wyre	Lancashire	101.08	28.47	54	230