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Northern Inter County Championship - Saturday 28th August 2010
International Stadium, Gateshead.

THE SELECTION FOR THE NORTHERN INTER COUNTIES LISTED ON THIS WEBSITE IS TO NOTIFY ATHLETES THAT HAVE BEEN SELECTED TO COMPETE BEFORE FURTHER INFORMATION IS SENT OUT TO THEM BY POST EG: TIMETABLE AND MAP ETC.,

YOU MUST CONTACT MYSELF VIA E-MAIL OR TELEPHONE AS SOON AS POSSIBLE TO INFORM ME WHETHER YOU ARE ABLE TO COMPETE OR NOT. **IT IS IMPORTANT THAT YOU LET ME KNOW IMMEDIATELY IF YOU ARE UNABLE TO COMPETE SO THAT A REPLACEMENT CAN BE FOUND.** ALSO, IF YOU ARE ABLE TO COMPETE YOU NEED TO GIVE ME DETAILS OF YOUR POSTAL ADDRESS AND CONTACT TELEPHONE NUMBER/E-MAIL ADDRESS.

IT IS ALSO VITAL THAT YOU TELL ME WHETHER YOU REQUIRE A SEAT (S) ON THE COACH AND TELL ME SPECIFICALLY HOW MANY SEATS YOU REQUIRE AS THERE ARE A LIMITED NUMBER OF SEATS AVAILABLE.

UNDER 15 BOYS

100M	MITCHELL PROCTOR
200M	CURTIS MITCHELL
400M	GEORGE WALMSLEY
800M	LUKE PENSWICK
1500M	BEN EVERSON
80m Hu	CURTIS MITCHELL
HIGH JUMP	JOSEPH PEARSE
LONG JUMP	CURTIS MITCHELL
SHOT	WILL GOODIER
DISCUS	WILL GOODIER
JAVELIN	BEN WHIPP

UNDER 17 MEN

100M	TOM BRADBURY
200M	OMAR FREDERICK
400M	JOSHUA INGHAM
800M	BEAU SMITH
1500M	LUKE BETTS
3000M	ALAN MCKEOWN
100m Hu	OLIVER ASPDEN
400m Hu	OLIVER ASPDEN
1500m S/C	DOMINIC WALTON
HIGH JUMP	ADAM SNAPE
POLE VAULT	MATTHEW WALKER
LONG JUMP	SAM MILLER
TRIPLE JUMP	MATTHEW HARPER
SHOT	OMAR FREDERICK
DISCUS	SAM JOHNSON
HAMMER	SAM JOHNSON
JAVELIN	TOM DEWHURST

SENIOR MEN

100M	CARL DICKINSON
200M	LUKE EVANS
400M	BRENT STARKIE
800M	PAUL BRADSHAW
1500M	PETER STREET
3000M	KARL BILLINGTON
100m Hu	PAUL WHITTLE
400m Hu	D ECKERSLEY
3000M S/C	JOSH TIGHE
HIGH JUMP	CAMERON GORE
POLE VAULT	MATT WRIGHT
LONG JUMP	JAMES DAVIES
TRIPLE JUMP	J BLACKBURN
SHOT	GRANT MYERSCOUGH
DISCUSS	SIMON BISSELL
HAMMER	SIMON BISSELL
JAVELIN	S PORTER

UNDER 15 GIRLS

100M	MAXINE MEJU
200M	MAXINE MEJU
800M	RACHAEL SCOTT
1500M	JODIE FERGUSON
75m Hu	TAEGAN O'HARA
HIGH JUMP	AMELIA MCLAUGHIN
LONG JUMP	RHIANN BEAUMONT
SHOT	RHIANN BEAUMONT
DISCUS	EMILY LUPTON
JAVELIN	EMILY LUPTON

UNDER 17 WOMEN

100M	SOPIE RILEY
200M	SOPHIE RILEY
300M	LYDIA CRITCHLEY
800M	CHERISSE WALLEY
1500M	SARAH ASTIN
3000M	BIANCA PEDERSON
80m Hu	BETHANY TOWERS
300m Hu	HELENA LEATHLEY
HIGH JUMP	REAGAN DEE
POLE VAULT	LORYN MCCRUDDEN
LONG JUMP	MICHAELA BRINDLE
TRIPLE JUMP	RACHAEL WILLIAMSON
SHOT	CHARLOTTE BEECH
DISCUSS	CHLOE NEEDHAM
HAMMER	MEGAN SEARSON
JAVELIN	AMY LUPTON

SENIOR WOMEN

100M	KATY WYPER
200M	HARRIET PRYKE
400M,	HARRIET PRYKE
800M	ALISON LEONARD
1500M	STEPHANIE ROE
3000M	GEMMA UNSWORTH
100m Hu	DANIELLE ROONEY
400m Hu	JACKIE NOBLET
HIGH JUMP	REBECCA CHRISTOPHER
POLE VAULT	HOLLY BLEASDALE
LONG JUMP	HANNAH LUPTON
TRIPLE JUMP	K HILTON
SHOT	SARAH HENTON
DISCUSS	SARAH HENTON
HAMMER	SOPHIE HITCHON
JAVELIN	ELOISE MANGER